



Prita Lee Lesson School

Providing Value Oriented Quality Education Since 1967

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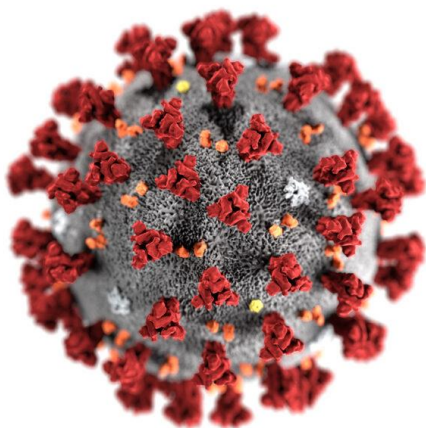
Pritalian

e-NEWSLETTER



EDITORIAL

THE OUTBREAK OF THE UNKNOWN...



Like every year, 2020 was welcomed by all with a lot of optimism and hope without even a little knowledge about what the future held for us. It all started with few warnings in the month of January which increased through February and in no time the next thing we knew there was a lockdown nationwide in mid March. Due to the Corona virus pandemic the whole world was brought to a standstill.



The world in this pandemic was in contrast to our real world. In this world everything was just different. It was a new world for us. Many dreams were becoming visions here and then turning into reality. Every individual, be it an adult, a teenager or a child was able to spend quality time with his family, which seemed like a dream in our real world. Birds were again chirping in the blue sky. Animals got a relief from the torment of humans. We were all introduced to a world of virtual reality; the world where everything could be accomplished.

All educational institutions were shut down as a precautionary measure. As it was a changed world for everyone, a big question which stood in front of us like a huge mountain was, “Now, how to reach out to the students?”



Online classes were the answer to our problem. The Management, along with our Principal, decided to start online classes which became instrumental in carrying out teaching in a smooth manner. All our staff members were trained by the IT department in a very short duration of time to be able to take virtual classes. The classes commenced with a few bumps here and there but kicked off well. The teachers carried on with the syllabus in a structured and planned manner. They were able to solve the doubts and queries of the students. The feedback from the parents has been overwhelming and encouraging. We thank our parents for their co-operation from the bottom of our hearts. The entire Management as well as our Principal are extremely proud and appreciative of the fabulous way our teachers have risen to the occasion and done a wonderful job.

One thing that this pandemic taught us is that, nothing is certain, we don't know what may happen to us the very next moment. All the impossible things now look possible.

-Ms. Simran Virk

PRINCIPAL'S MESSAGE

I am delighted to write the Foreword for the first edition of our E-Newsletter "The Pritalian".



The aim of this is to celebrate achievements even in the Covid times, albeit with a little difference, and to provide a memento which we may all look back fondly at in the years to come. As the years go by and with every challenging situation, I hope that you remain true to the spirit of the school and the values taught to you here. I ask that you maintain a positive outlook on life and above all, be the best person you can be!! It is my hope that many years from now, when you all have successful careers, the mere mention of Prita Lee Lesson School and the second reading of this E-Newsletter will cause you to remember old friendships, recollect many fond memories and help bring a smile to your face.

When people look back at 2020, they will inevitably remember it for one thing!! Of course we will never forget the events of the past year but when I look back at the year gone by I will also remember the amazing transformation that took place in the Teaching-Learning processes. Covid taught us to take up challenges and Win!! We worked really hard, achieved a great deal and all of us have a lot to be proud of for what we have achieved.

Here's wishing you all enjoy reading this first ever E-Newsletter "The Pritalian."
Happy Reading!!!

ALUMNI SPEAKS

We at Prita Lee Lesson School feel immensely proud of our Alumnus Mr. Sukhjot Singh Ahluwalia, an Award Winning Career Strategist, Top 25 Canadian Immigrant, Collaborator, Speaker, Author and Volunteer Ambassador. Mr Singh currently resides in Canada. He is an amiable personality with great vision. We had an opportunity to have a small interaction with him.



Good Morning Sir! We are extremely proud of your achievements and it is a matter of pride for us that you are our alumnus. Please tell us about your years spent in Prita Lee Lesson School.



I am very proud to share that what I am today in my life (personal and professional) and if someone asks me a question on where did you start your journey, My answer would be that my preparation started at Prita Lee Lesson School and that too without knowing that one day I will writing this for the newsletter. From my KG till Grade 8, apart from study and in a different environment, I clearly remember my days spent at the school. Myself and my two sisters, we all three got our education till grade 8 in this school. It is very heart warming and very emotional when I writing this on this forum. The top most thing which stands out is the discipline I have learnt during my time at Prita Lee Lesson, the process and the protocol our dear Director Sir had in place in school, the Whistle he use to do, the schedule, the organization of various events (especially the Sports Day), from time to time, he would introduce so many individuals in class room (I remember a Violinist visiting our class, a sport man visiting our class), the playground, the mini Zoo (with the famous monkey), There was a tubewell and we use to get fresh water and at some point on certain day there was brushing activity. Our dear Mali Kaka and much more. I will keep mentioning multiple other memories I have with this school. But some other memories of the Prayer (the songs director sir picked for morning prayer from Do Aakheen Bara Haath Movie), till date, I feel internally stronger when I sing that song, I go back to my school time, The songs played during lunch hours, the brass bell, which I took pride in ringing that bell when I was in Grade 8 and Mrs. Kapoor (Hindi Teacher) use to give instruction with her eye on when the time comes to ring the bell. I also remember that how from time to time, Director Sir will take me inside his home to measure my blood pressure, and I use

to feel fine after he did that. The Pudim Hara liquid, we use to get when we had minor stomach ache. The comic stand area which we use to run to pick during our lunch hour. And yearly we use to get a Calendar, that was also a special day. Beyond everything, what I remember and cherish the most is that when our parents or domestic helpers missed the time to pick us from the school, Director sir many times dropped us at home on his scooter which was kind of honor for us. Myself and my sisters were very good in reaching on time and most of the time, we were the first one to arrive in the morning. The open area concept is something which I think if study was done on all the past students in that time can prove that it actually made those students very healthy. I wish I have space to write a novel on my life at Prita Lee Lesson School. Director Sir did his best to put the discipline in his student and everyone at the school. My wish is that If I can go back in time and live the same life once again.

Can you please tell us something about yourself and your achievements.

After finishing grade 8 at Prita Lee Lesson School, I finished my 9th and 10th grade in other schools and then finished my grade 12 education at DAV College Jalandhar. Then I got my Computer Programming and Application Diploma in SLIENT. After that, I got some certification in Microsoft and then for almost two years worked in Kapurthala (as System Analyst and also as computer instructor). I moved to a Oman (MUSCAT) to teach in Oman's 1st private engineering college (now Oman's first open university) and spent almost 9 years in Oman before moving to Canada. After moving to Canada, I decided to change my profession and started working in non-profit and I have been working in non-profit from last 10+ years now.

AWARDS Governor General of Canada Sovereign's Medal for Volunteers – 2019, Outstanding Community Outreach Strategist - 2016 Most Collaborative Leader – 2014; RBC's Top 25 Canadian Immigrant - 2013 Newcomer Gem Volunteer – 2012. **EDUCATION & CREDENTIALS;** MBA, (Information Technology), Amity University, India B.Sc., (Computer Engineering) GCU, Scotland

Memberships: Certified Career Strategist -

Career Professionals of Canada, Certified Community Resource Specialist - InformCanada

A message you would like to give to the students.

Learn how to live a disciplined life. Do not stop exploring. Be proud of who you are. Never compare yourself with others. Always remember, you are special, you are unique and that uniqueness will shine one day.

Sukhjot Singh Ahluwalia
(MBA, B.SC.(COMP. ENGG.), CCS, CCRS)
Award Winning Career Strategist,
Top 25 Canadian Immigrant,
Collaborator, Speaker, Author &
Volunteer Ambassador

Board Toppers

(Session: 2019-2020)

WE DREAMT, WE STRIVED, WE ACHIEVED !!!



Paras Sharma
(First)



Harshita
(Second)



Sourab Sharma
(Third)



Pavika
(Third)



Yatharth Garg
(Third)

INTEGRATING TECHNOLOGY WITH LEARNING-SEAMLESSLY

MOTHER'S DAY

"Mama is my greatest teacher, a teacher full of compassion, love and fearlessness. If love is as sweet as a flower, then my mother is that sweet flower."



Mommies take care of us, no matter how near or far we are. They know what we want and at what time. They are the ones who never forget to look after us, fulfil our needs, demands, tantrums and make us feel happy all the time.

Though the school premises are closed amid the lockdown, our hearts are always open to express our love and gratitude for our mothers for their selfless commitment to making things easy for us. The Pritalians celebrated Mother's day in the confines of their homes due to the lockdown as a result of the Covid-19 pandemic. This shut down did not dampen their spirits, & they expressed their love by singing beautiful songs, reciting poems, dancing and giving heart touching messages. The students shared their videos exhibiting their skills. It was overwhelming to see their little acts of gratitude for their mothers.

NATIONAL TECHNOLOGY DAY

"For a sustainable future, every nation needs the latest technology."

National Technology Day was observed on May 11th to signify the glorious achievements of Indian science and technology. On this day in 1998, India had successfully carried out nuclear tests in Rajasthan's Pokhran.



On the same day, India had also carried out the successful test firing of the Trishul Missile and had test flown the first indigenous aircraft - 'Hansa - 3'. Technology has been at the forefront of the battle against the pandemic. As the world adjusts to its new normal, business leaders world over are rethinking and devising newer strategies to harness technologies that will help drive resilience and make them emerge from the crisis stronger. Keeping in mind the need of the hour to formulate a comprehensive action plan to reboot the economy, Technology Development Board celebrated National Technology Day by focusing on technological solutions towards that end. These technologies will include medical technologies, advanced technologies and manufacturing that will prepare India for the post Covid-19 times.

Education has changed dramatically with the distinctive rise of e-learning, whereby teaching-learning is undertaken remotely and on digital platforms. Pritalians also took advantage of technology and organized virtual classes during the Corona Virus Pandemic. To mark the importance of the day, Siddharth Sood, student of

Grade X, also delivered a speech on the digital platform on various scientific endeavours and to promote interest among other students.

WORLD ENVIRONMENT DAY

“Let’s nurture nature so that we can have a better future.”

World Environment Day is celebrated every year on June 5th to encourage worldwide awareness and action to protect the environment. But this year’s event was totally different from the previous years due to the Corona virus pandemic.



The theme for World Environment Day 2020 was Biodiversity – a concern that is both urgent and existential as per the United Nations official website. Recent events, from bushfires in Brazil, the United States, and Australia to locust infestations across East Africa and India– and now, a global disease pandemic – demonstrate the interdependence of humans and the webs of life in which they exist. The theme focused on ‘time for nature’ and providing the essential infrastructure that supports life on Earth and human development.

Almost everywhere in the world, people were confined to the four walls of their homes due to the COVID-19 Virus. Amid the lockdown, schools took the challenge posed by Covid-19 to conduct virtual classes as well as online activities such as Environment day.

Prita Lee Lesson School, Kapurthala celebrated World Environment Day under their online study programme. Pritalians enthusiastically

participated in activities such as poster making, saplings plantation, painting, recitation of poems on nature, writing slogans and role play endorsing the conservation of the environment to mark World Environment Day, from their homes. The activities helped the children to become aware of the importance of conserving the Environment, all the while honing their creative skills.

VIRTUAL FANCY DRESS COMPETITION

To be a champion, compete,

To be a great champion, compete with the best,

But to be the greatest champion, compete with yourself.

Our students from Grades Nursery to V participated in a Virtual Fancy Dress Competition.



They proved that they are not less than anyone. They expressed themselves through fancy dress in as many possible ways as they could. The little ones were full of confidence. It was one of the most exciting shows by the students. They copied their favourite animals, cartoon characters, historical personalities etc. It was great fun for all.

WORLD AUTISM AWARENESS DAY

“We are trying to fit in because we have a lot to offer this world.” – *Autistica*

This year, the 13th World Autism Awareness Day was celebrated. It aimed to raise awareness about autism and to educate people about it.



World Autism Awareness Day makes people understand and accept people with Autism, foster worldwide support and inspire people. It is a day that spreads kindness and Autism awareness.

The theme of World Autism Awareness Day 2020 was "The transition to adulthood". This day is represented by the rainbow infinity symbol. This symbol is intended to represent the diversity of autistic people and the infinite possibilities and variations within the autistic community to educate and make people aware of Autism. It is important to make people understand that people with Autism need care, love, and support; otherwise it can have an impact on the individuals, their families and communities.

The students and the staff of Prita Lee Lesson School, Kapurthala also joined the international community to observe Autism Awareness Day. This year, amid the Corona Virus pandemic, the Pritilians organized autism-friendly educational activities such as virtual speeches to increase the understanding and acceptance and foster support on World Autism Awareness Day.

INTERNATIONAL YOGA DAY CELEBRATIONS

Since its inception in the year 2015, June 21st has been observed as the International Day of Yoga all over the world. This idea was proposed by our Prime Minister, Mr. Narendra Modi. He said, “Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment;

harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and nature. By changing our lifestyle and creating consciousness, it can help in well being.”

The students of Prita Lee Lesson School, Kapurthala celebrated the Yoga Day 2020 with utmost zeal and enthusiasm. Amidst the ongoing Corona virus pandemic, this year’s themed ‘Yoga at Home and Yoga with Family’ was observed on the digital platform to encourage people to stay active and healthy amidst this lockdown.



Yoga as an exercise is a physical activity consisting of various postures, flowing sequences, breathing exercises, etc. which help a person in relaxing his mind and body and maintaining good

health. The students practiced many yoga asanas and spread the message of the importance of maintaining good health especially during the current situation. The effort put in by them was highly appreciable and applaud worthy. We all should incorporate yoga asanas in our daily lifestyle to fight this deadly pandemic. Regular practice of yoga definitely helps all achieve a better life physically, mentally, and spiritually as well.

WORLD FATHER'S DAY

“A Father is someone who wants to catch you before you fall but instead picks you up, brushes you off and encourages you to try again.”



A father is neither an anchor to hold us back nor the sail to take us there, but a guiding light whose love shows us the way. Father's Day is marked to honour fatherhood and paternal bonds and to also highlight the influence that fathers have in a society. We learn from the examples that our fathers set in our lives and they are always our guiding lights.

As a token of gratitude and to honour the paternal bonding and love, the students of Prita Lee Lesson School made their Father's Day (20th June 2020) special by engaging in various activities. The children prepared beautiful cards, recited

poems for their fathers and expressed their love and regard for them. They articulated their love for their Daddies through beautiful messages. The lockdown or pandemic could not dampen their spirits in making the day special for their Superheroes.

DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

The International Day Against Drug Abuse And Illicit Trafficking is celebrated on June 26 every year. The theme for the International Day Against Drug Abuse and Illicit Trafficking 2020 was “Better Knowledge for Better Care” and it emphasized the need to improve the understanding of the world drug problem and how better knowledge would foster greater international cooperation for countering its impact on health, governance and security. The day is dedicated to eradicating drug abuse and neutralizing the systemic challenges which sustain the illegal drug issues. The International Day against Drug abuse and illicit trafficking is used as a day to stimulate a sense of responsibility among people around the world, especially youngsters and teenagers.



Pritalians observed “International Day against Drug Abuse and Illicit Trafficking” on 26th June 2020 to raise awareness among the students about drug abuse and to highlight the threat that drugs pose to our society.

A staff member, Ms. Rupinder Kaur, addressed the students on a virtual platform. The talk identified seven key areas: 1. Healthy

living 2. Social consciousness 3. Stress management 4. Building self-esteem 5. Developing critical thinking 6. Developing soft skills 7. Living a drug free life.

BEST OUT OF WASTE WORKSHOP

‘Don’t Transfer waste, but Transform waste’.

We are leading our lives with limited resources. Therefore, we should not waste anything that can be reused creatively. To lay emphasis on the 3R’s and to sensitize our students about the importance of ‘Reduce, Reuse and Recycle’, a Virtual Best out of Waste Workshop was organized for Grades Nursery to VIII from 6th July 2020 to 9th July 2020. The students showcased their creativity by making many innovative things just out of the waste material available at their homes. Our young Pritalians proved the fact that, if given a thought many different things that are lying waste all around us can be put to constructive use. Our budding artists demonstrated their wonderful ideas beyond expectations by creating pencil stands, wall hangings, bookmarks etc.



Students worked enthusiastically, with their imagination at its best, enhanced their creativity and in the process, learnt how to reduce, reuse and recycle waste material.

RAKSHA BANDHAN

India’s festivals reflect the country’s rich, cultural abundance. Breaking the humdrum of daily routine, these festivals bring with them a wave of excitement, happiness and hope even in the most difficult of times.

Raksha Bandhan is one of the most endearing ways to celebrate the bond between brothers and sisters. The festival of Raksha Bandhan not only celebrates the love and duty between brothers and sisters, it also has a social significance. It underlines the notion that everybody should live in harmony and hence speaks about the rich culture and traditions of India.

On the auspicious occasion of Raksha Bandhan, Pritalians organised a ‘Rakhi-Making’ activity through the virtual platform to make students understand the true essence of this festival and the sacred relation between a brother and a sister. Students made colourful rakhis by using a variety of things commonly found at home.



Thus, Raksha Bandhan conveyed the message of purity and the unmatched bond of love, care and respect between siblings.

“The bond between a sister and a brother, sometimes tightly woven, sometimes loosely held, but never broken.”

RELEASE OF THE FIRST SCHOOL YEAR BOOK

The school magazine is a historical document of the growth of the school. It is not just a book of articles, but it expresses priceless memories, valuable thoughts and shining talents of the various events held throughout the year. It informs the future generation of students about the traditions of their school. This valuable publication is the opportunity that students require to show their creative talents.

Along with academic studies, students are encouraged in games and athletics, art and craft, science clubs, dramatics and various other activities.



These make the years in school interesting and worth remembering. *This school magazine is the window to the activities of the school.*

It was indeed a special day for all of us – the Management, staff, students and parents of PLLS. With the blessings of the Almighty, the first edition of the School Year Book was released at Prita Lee Lesson School on 5th August, 2020 by three dignitaries closely associated with the school – Ms. Veena Dada (Director, St. Soldier Group of Institutions), Mr. Rakesh Sharma (Headmaster, IVY World School) and DIG H.S Bajwa (IPS). DIG H.S Bajwa is an Alumnus of the school. The dream of the Managing Director, Ms. Dolly Singh, for the first Year Book would not have been realized without the hardwork and unstinting support of the Editorial Team which

comprised of Ms. Sonali Nair (Principal), Ms. Simran Virk, Ms. Shashi, Ms. Amita, Ms. Paramjit, Ms. Rajender Chawla, Ms. Savi and Ms. Kiran Kamal. The design credit goes to Ms. Simran Virk, Mr. Harjinder Singh Karir and Mr. Gurbinder Singh.

INDEPENDENCE DAY

“Freedom is the open window through which pours the sunlight of the common spirit and human dignity.”

To pay homage to the great martyrs and to remember the sacrifices of our valiant freedom fighters, Pritalians celebrated the 74th Independence Day on a virtual platform this year due to the constraints caused by the current



COVID-19 scenario. This allowed the participants to express their patriotism and showcase their talent even in these unprecedented times. These trying times did not dampen the spirit of pride and patriotism in the students as they exhibited the spirit of freedom and nationalism through special art and craft activities. The students showed their patriotic fervour by making the various National Symbols intrinsic to the Indian identity and heritage. Indians of all demographic backgrounds across the world are proud of these National Symbols as they infuse a sense of pride and patriotism in

every Indian's heart. The school management also conveyed their best wishes to the entire Pritalian family on the Nation's 74th Independence Day.

WORLD SENIOR CITIZEN'S DAY

“Youth is the Gift of Nature, but Age is a Work of Art.”

The World Senior Citizen's Day is dedicated to the senior citizens and is observed on 21st August every year across the world.

The celebration took place for the first time on 1st October 1991. This day is dedicated to raising awareness about the issues that affect older adults.

We must appreciate the senior citizens for their dedication, accomplishments and the services they have given throughout their lives. We must also learn from their experiences and learn to respect, celebrate and thank them for their contribution towards building the world we live in. The day reminds people and the government of its commitment to work for the welfare and support of senior citizens. It only adds to their inclusiveness in the society and growth.



Today, we feel lucky to have elders with us who can fill us with the light of wisdom that they have. Let's resolve to value their experience of

life and wisdom. They don't need our empathy. Let's give them respect.

The Pritalians have always been taught to respect their elders from the core of their hearts. We respect them and are grateful to our Grandparents for putting in so much effort in inculcating values in our budding Pritalians.

“My Grandparents are my Knowledge Hubs and I am so grateful to them. Happy Senior Citizen's Day...”

GANESH CHATURTHI

“Lord Ganesha is our mentor and protector. May He enrich your life by always giving you great beginnings and removing obstacles from your life!”



Festivals build group cohesiveness. Festivals inform, educate, bring people together, break the monotony of routine and give us a chance to re-energize our body, mind and spirit. Of all the festivals, Ganesh Chaturthi is the most colourful. It is an Indian festival that marks the birth of Lord Ganesha.

People believe that Lord Ganesha, the symbol of wisdom, bestows his presence on Earth during this festival and removes their obstacles. With such a belief, the Pritalians took part in various virtual art and craft activities on the auspicious occasion of Ganesh Chaturthi. The sole purpose

of this was to make the students stay rooted to Indian culture and to enable them to understand the significance of this festival. The students participated with great zeal and enthusiasm as they shared amazing paper and clay sculptures of Lord Ganesha made by them.

TEACHER'S DAY

“It is the supreme art of the teacher to awaken joy in creative expression and knowledge.”

Every year in India, 5th September is celebrated as Teacher's Day commemorating the birth anniversary of Dr. Sarvepalli Radhakrishnan. On this day we remember the great work of this exemplary person. It is a special day dedicated to all the teachers. Needless to say, a teacher plays an important role in shaping a student's future. Children always look up to their teachers for guidance, motivation and direction. Teacher's Day is the special time of the year to recognize, appreciate and acknowledge their contribution in the overall development of the children. As the world is currently facing the greatest crisis and fighting against the COVID-19 pandemic, a small initiative of celebrating Teacher's day was taken by the school authorities and students of Prita Lee Lesson School. To celebrate Teacher's Day, the school children had taken part in some online creative and innovative activities and exhibited their artistic skill and love for their teachers through the beautiful and attractive cards that they made.

The toddler Pritilians showed their gratitude by making cards, dancing and reciting rhymes and giving small messages for their teachers.

Likewise, the students of Grade X made a beautiful video and delivered a speech to express their love and gratitude for their teachers and to honour their effort during this worldwide pandemic.



Parents took photographs and shared wonderful videos which will be treasured by the teachers. It was truly a proud day for the teachers to bask in the love and attention they received from their students.

ONLINE NATIONAL LEVEL COMPETITIONS



“Competition is always a good thing. It forces us to do our best.”

Anurag Yadav of Grade X participated in an Essay Competition, organised by ISRO Cyberspace Competitions, 2020 on 25.09.2020.

Agampreet Singh of Grade II and Krrish Arora of Grade X participated in a Painting Competition, also organized by ISRO Cyberspace Competitions, 2020

All were felicitated with Participation Certificates.

GANDHI JAYANTI

“The best way to find yourself is to lose yourself in the service of others.”

Mahatma Gandhi was the proponent of Peace, Truth and NonViolence. He is revered the world over as one of history's most transformative and inspirational figures. He was the greatest leader of the world - a fearless warrior, an unarmed soldier and a follower of Ahimsa.



Even the challenging times of Covid-19 pandemic did not deter the students of Prita Lee Lesson School from paying a digital, musical tribute to the Father of the Nation, fondly remembered as Bapu, on the occasion of Gandhi Jayanti. The assembly commenced with morning prayers. The students paid homage to the great leader by expressing their thoughts and reciting poems highlighting the life of the Father of the Nation. Our school Music teacher, Mr. Lovely, also paid a musical tribute to Bapu by singing two of Bapu's favourite bhajans "Raghupati Raghav Raja Ram....." and "Vaishnav Jan To.....". The students worked hard at the activities, reminding one and all to keep the values of truth, peace and nonviolence alive and paid a real tribute to Gandhiji. This kind of celebration boosts the confidence of the children and sows the seed of patriotism in them.

WORLD MENTAL HEALTH DAY

World Mental Health Day is observed with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health. To bring everyone together to mark the day we did our bit towards better mental health. The school organized a counseling lecture highlighting the various components of mental health. The lecture was taken by the school counselor, Ms. Simran Virk and was followed by a Question & Answer session.



HINDI DIWAS

जन में हिंदी , मन में हिंदी, हिंदी हो हर ग्राम में,
हिंदी का उपयोग करें, हम अपने हर एक काम में।
एक सुर है, एक ताल है, एक हमारी शान है,
सारी भाषाएँ प्यारी हैं, पर हिंदी हमारी शान है।



संविधान सभा ने 14 सितंबर 1949 को हिंदी को देश की राजभाषा बनाया था और 26 जनवरी 1950 को लागू किया गया। भारतीय संविधान के भाग 17 के अध्याय की धारा 343(1) में यह वर्णित है कि "संघ की राजभाषा हिंदी और लिपि देवनागरी होगी।" संघ के राजकीय प्रयोजनों के लिए प्रयोग होने वाले अंको का रूप अंतर्राष्ट्रीय होगा। " हिंदी के ऐतिहासिक महत्व को ध्यान में रखते हुए 'प्रीता ली लेसन स्कूल' में 14 सितंबर को 'हिंदी दिवस' का ऑनलाइन आयोजन किया गया। इस आयोजन में प्रीता ली लेसन स्कूल के हिंदी के शिक्षिका , श्रीमती ममता ने हिंदी के महत्व तथा उसके रोचक तथ्यों पर अपने विचार विद्यार्थियों के साथ साँझा किए।

हिंदी भाषा पर हमें गर्व होना चाहिए क्योंकि हमारे देश में विविध धर्म और भाषाओं के होते हुए भी हमारी देश की विविधता में एकता को बरकरार रखने का काम हिंदी भाषा कर रही है।

DUSSEHERA CELEBRATIONS

“India is known as a land of festivals and celebrations. Dussehra is one of them and is unique in its perception and significance.”

Festivals are a period of celebration and bring peace and joy for everyone. They are an expressive way to celebrate our glorious heritage, culture and traditions. Dussehra is a major Indian festival celebrated on the tenth day of the Hindu calendar month of Ashvin. It also marks the end of the Navratri festivities. The festival commemorates the victory of Lord Rama over Ravana; hence it symbolizes the triumph of good over evil.

For our little ones to imbibe all the traditions related to this festival, Prita Lee Lesson School, Kapurthala organized fun filled virtual art activities related to Dussehra for the students of the age groups 6 years to 14 years.

This activity was organized to explore and encourage creativity in the children and offer them a platform to showcase their skills in “Craft”.



the children closer to their country's culture and heritage.

The zeal and enthusiasm among the students, while doing the activity, was proof of the joy and fun they experienced during the activity. They exhibited great enthusiasm in adding features to their craft and the activity also helped in enhancing their creative and psychomotor skills.

All the children enthusiastically participated and enjoyed the celebration. Thus the celebration not only enriched their learning but also made it memorable for our little Pritilians which will be cherished by them for a long time.

UNITED NATIONS DAY

“We cannot solve our problems with the same thinking we used when we created them.” - Albert Einstein.

Let us flourish and thrive

Enlighten everyone to survive

Gain the right knowledge to foster

Good values to grow and nurture.

Prita Lee Lesson School encourages students' participation in such events in order to empower the learners and facilitate them in an effective way so that they will be able to bring the desired change in the society.

United Nations Day

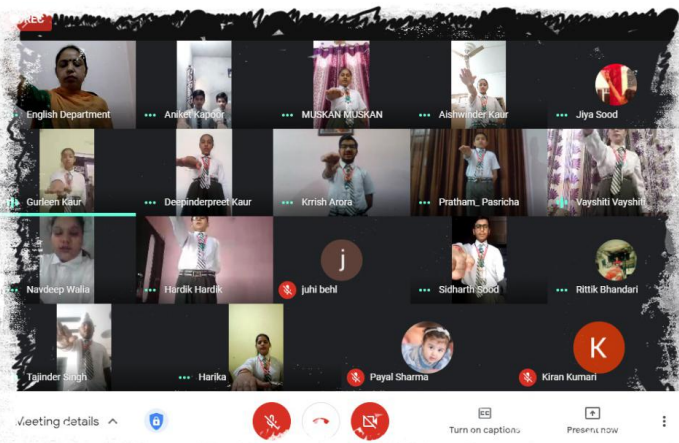


With a vision that excelling locally is important to excel globally, Prita Lee Lesson School successfully observed its Virtual United Nations Day on October 24, 2020. On this day, our School Social Science teacher, Ms. Komal Kanda, gave a speech about the work of the United Nations in the international community. She highlighted that this day celebrates the signing of the Charter for the United Nations and that it is a day to celebrate the achievements of the UN and focus on the

goals of working together to build a better world for everyone. The main objective of the event was to bring out the untapped potential of the students and hone their skills.

NATIONAL UNITY DAY

India is a secular country with diverse cultures. As an endeavour towards solidifying the bond of oneness and unification. The birth anniversary of Sardar Vallabhbhai Patel is celebrated on 31st October as Rashtriya Ekta Diwas (National Unity Day).



In line with the celebrations countrywide, Prita Lee Lesson School organized various activities through the virtual platform to show their appreciation about the life of the great leader, Sardar Patel. The idea was to infuse in the young future generation, the values integrated with the knowledge about and pride at the country's rich heritage. A plethora of activities were organized to support the cause of promoting unity and to celebrate "National Unity Day".

Our School Social Science teacher, Ms. Komal Kanda, delivered a virtual speech. Through her speech, she gave an insight into the life history and the role of Sardar Patel in the freedom struggle to establish a harmonious society. The occasion reaffirmed the importance of unity, integrity and security amongst the students and the inherent strength and resilience of our nation to withstand any actual and potential threats which may affect us on the whole.

In the end, a virtual Pledge taking ceremony was organized to observe the National Unity Day and

inculcate the value of oneness among children who are the pillars of future India.

DIWALI CELEBRATIONS

"It is time to remove the darkness of ignorance within us and replace it with the light of hope and knowledge instead."

Diwali means rows of lighted lamps and happiness all around. It is known as the 'Festival of Lights' and is celebrated by people of all religions with joy. During Diwali people light up their houses and shops with diyas.



They worship Lord Ganesha for welfare and prosperity and Goddess Laxmi for wealth and wisdom. The Festival of Lights marks the triumph of good over evil and is widely believed to mark the return of Lord Ram to Ayodhya after vanquishing the demon king Ravana. Diwali celebrations at the Prita Lee Lesson School, Kapurthala illuminated everyone's heart with joy and fervour. Welcoming the festival of lights virtually the first time ever, the students unfolded their creative abilities in a string of activities such as Diya decoration, candle making and lantern making. The teachers sensitised the students on the ill effects of burning crackers and urged them to celebrate the festival with candles, diyas, sweets and to bring a smile to other's faces by donating clothes and other gifts to the needy people.

It was certainly one of the most unique Diwali we have ever celebrated.

GURU NANAK JAYANTI

“By conquering your mind, you conquer the World.”



ਸਤਿਗੁਰੂ ਨਾਨਕ ਪ੍ਰਗਟਿਆ
ਮਿਟੀ ਧੁੰਧੁ ਜਗਿ ਚਾਨਣੁ ਹੋਆ।

With the emergence of the true Guru Nanak,
the mist cleared and the light scattered all around.



Prita Lee Lesson School

(Providing Value Oriented Quality Education Since 1967)

Saints like Guru Nanak make their presence felt in this weary world in order to show the right path to the suffering humanity by the example of their personal sacrifices. Guru Nanak Dev Ji was the first of the ten Sikhs Gurus and the founder of Sikhism. His birth anniversary is observed as ‘Gurupurab’ across the globe. Guru Nanak Ji travelled widely to spread the message of oneness and compassion. This year a virtual assembly on Gurupurab was conducted on 30th November, 2020 to mark the 551st birth anniversary of the first Guru of the Sikhs. On the eve of the auspicious occasion, our school Punjabi teacher, Ms. Paramjit Kaur, delivered an informative speech to emphasize upon the great teachings of Guru Nanak Ji’s saying “Satguru Nanak appeared in the soil and the world became light. When the sun rises, the stars are hidden in darkness.” She spoke about the life history of the first Guru of the Sikhs and the Sikh religion in brief, highlighting the fact that it promotes universal brotherhood and harmony. She also prayed to God to protect the world from the pandemic.

CHRISTMAS ART ACTIVITY

“Art has the role in education of helping children become like themselves instead of more like everyone else.” -Sydney Gurewitz Clemens
Christmas Art Activities were organized for Grades I to VIII where children actively

participated and celebrated the day with joy by presenting a plethora of handmade crafts.



Christmas day was celebrated with joy, love and the value of secularism was encouraged among all.

NEW YEAR GREETINGS

With the beginning of 2021, the honourable Principal of our school, Ms. Sonali Nair, addressed the children and parents via a video message. She marked the beginning of the New Year with her encouraging and motivational words that disseminated a positive energy amongst all to face life through the thick and thin and to work hard to accomplish our goals and excel in life. She also explained about the power of being together, of unity and the necessity of being grateful.

FOUNDATION DAY

We observed our 54th Foundation Day on 5th January, 2021. Commemorating the school Foundation Day is significant since it is a special day when the entire school family has a chance to reflect not only on the humble beginnings of the school but also on the significant developments since the school's inception.

It is a day set aside to celebrate our history and revisit and reconnect with the continuing journey of the school. We celebrate that we are blessed



with such beautiful surroundings and wonderful facilities. We celebrate the joy of learning as we develop in mind, body and spirit.

THE NEW NORMAL

'This is a new year, a new beginning and a new normal.'



The joy of welcoming the Pritalians was something beyond words. After the rollercoaster ride of 2020, we welcomed our students back to the school on 7th January, 2021.

All the measures and safety protocols for Covid-19 are being strictly followed in our school to ensure the safety of our students.

REPUBLIC DAY

Freedom in the mind, strength in words, purity in our blood, pride in our souls, zeal in our hearts, let's salute our India on Republic Day.

Celebrating the 72nd Republic Day, we Pritalians promised that we will cherish and preserve our heritage, our ethos, and our treasure.

'Art is the most intense mode of individualism that the world has known.'



Various Art Activities were organised for Grades Nursery to IV to instill the value of patriotism in the minds of the students as the minds of young children are easy to guide and mould in the way we want them to be. Art is one such form which gives the students a creative way to express their thoughts.

WORLD READ ALOUD DAY

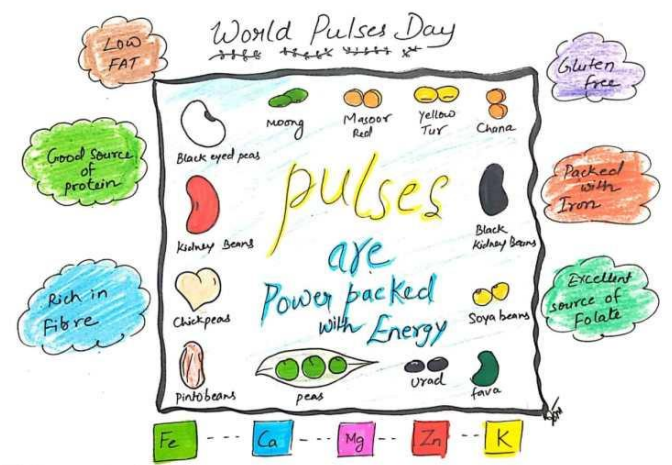


This year World Read Aloud Day was on February 3, 2021. World Read Aloud Day (WRAD) focuses on bringing awareness to the importance of reading aloud and sharing stories and to advocate for literacy as a human right.

WRAD was created in 2010 by LitWorld, a Non Profit Organisation believing in the power of reading. Reading aloud helps develop literacy skills, builds community, and connects us to each other.

WORLD PULSES DAY

World Pulses Day is an opportunity to raise awareness about the nutritional benefits of pulses and their contribution to sustainable food systems and a world without hunger.



With the collaboration of the Food and Agriculture Organization (FAO), the UN has designated February 10th of every year to be celebrated as International Day of Pulses. This year's theme was: "Nutritious Seeds for a Sustainable Future."

Various activities were conducted to help students recognize the different types of pulses they have in their daily diet and also to know their nutritional benefits.

LAUNCH OF THE DIGITAL LIBRARY

"Reading is to the mind what exercise is to the body."

Books are a uniquely portable magic. The early literacy success comes when parents are involved in it! Adults and children who read together learn together.



Towards this, Prita Lee Lesson School launched the Digital Library for the students of Grades I to X to encourage the students to inculcate the habit of reading even though they are away from school and sitting in the safe confines of their homes.

The Digital Library was launched virtually on the 13th of Feb 2021 by an eminent alumnus of our school Air Commodore Aman Kapoor, VSM in the virtual presence of Ms. Veena Dada Director, St. Soldier College; Ms. Rosy Sharma, Principal KVK School, Jalandhar and Ms. Perneet Kaur an alumnus of our school; parents of a few of our students, the staff and the Student Council of the school.

INVESTITURE CEREMONY

"Responsibility is a grace you give yourself, not an obligation."



An Investiture ceremony is a solemn occasion where all the young students are prepared to don the mantle of leadership and discharge the responsibilities entrusted upon them by the School.

The Office bearers were officiated with their Designations on 13th February, 2021.

The office bearers for Session 2020-21 are:

Head Girl	Jiya Sood
Head Boy	Anurag Yadav
Deputy Head Girl	Maria Cristina
Deputy Head Boy	Krrish Arora
Co-Curricular Captain	Aniket Kapoor
Co-Curricular Captain	Payal Sharma
Co-Curricular Captain	Muskan

STUDENTS' MUSINGS

HEAD GIRL'S ADDRESS TO THE SCHOOL

"An investment in knowledge pays the best interest" From 1967 when my Alma Mater was established, the Prita Campus has been providing us with the best quality education! The honourable School Management, our respected staff and our lovely caretakers always work really hard to inculcate good qualities in the students. I consider myself really blessed to be designated as the Head Girl of this Institution which has made it's place as one of the top, most disciplined schools out of all in the city. As a Pritalian, I have spent my 12 formative years and now I would love to experience the last but the most amazing year as the Head Girl. Pritalians have always been doing well in academics and I hope we will continue this legacy! In the end, I would like to say that I am very proud to be a Pritalian.

A proud Pritalian

-Jiya Sood

Grade: X

HEAD BOY'S ADDRESS TO THE SCHOOL

PRITALIAN-Is an acronym for Pupils who are Responsible, Innovative, Talented, Aware, Loyal, Inspired And Noble. I am proud to be a PRITALIAN. It is my privilege that I got an opportunity to study in Prita Lee Lesson School, Kapurthala. Maa Saraswati resides in every particle of this school.

The teachers of this school develop such qualities among their students that they can establish a healthy society. In this school moral values are also imparted, along with book knowledge. This is the reason that every student of this school becomes an asset to the society and the country and is capable of making his valuable

contribution for the upliftment of the society and the nation. I have learned a lot of qualities from my school's Director Ma'am, Mrs. Dolly Singh, and my teachers. It is not possible to explain all those qualities here, but I want to tell you about one of the major qualities developed in me and that is 'Discipline'. Discipline is the backbone of all other qualities such as punctuality, honesty, truthfulness, kindness etc. A disciplined person contributes to the development of the society and the country. I consider myself extremely lucky that I was able to study under such qualified teachers which enabled even a simple student like me to take steps towards achieving my life goals. I would like to thank all my teachers and the school, who developed extraordinary qualities in me. By accepting this salutation, they bless me.

-Anurag Yadav

Grade: X

SCHOOL-POST COVID!

We know that our school has completed 54 years since it's establishment. The discipline of the school is still spoken of. Lets talk about what a typical day at our school is like after the reopening of schools. I can answer this question by simply saying that whenever we enter our school from the school gate, a wise man is always there, who is on duty to check the temperature of the students with a machine following safety protocol. We finally go to our respective classrooms and study. That's what any day in our school looks like since its reopening. During this session 2020-2021, we attended almost all the classes online. Mid-term exams were also conducted online. Actually, it was almost impossible to do everything online without the guidance of the School Management. They tried their best to teach us everything with us sitting in our homes. I am very thankful to them. What's new in our school? Nothing much, but we have a Schoolpad application made by our school, in which links to our online classes, homework, classwork, video recordings etc. are uploaded daily. This app has made our online sessions extremely successful. And our school has launched a digital library to provide E-books to the students. With this, students can read E-books from their houses and they don't need to go to any library. They will get more and more benefits by reading and exploring through the books available in the digital library. This digital

library is beneficial for students of all Grades from I-X.

-Krrish Arora

Grade: X

BLACK SWAN

We often hear people being called 'as graceful as a swan', but it always refers to a white swan, not a black swan? Why not? People haven't really understood the actual meaning of Black Swan. What makes a Black Swan a Black Swan in literature?

A swan was once a perfect being, beautiful, intelligent, friendly and of course, graceful. But there came a time when he was hit by an unexpected slew of tragic events. Things happened which he never thought would happen with his life. He was called out behind his back, he was neglected and no one appreciated him anymore. At least that's what he thought! He tried his best to remain as perfect and as collected as possible but his circumstances didn't let him be happy and he was always told that he wasn't strong enough. Without anyone knowing about it, he hated himself and hurt himself. He kept himself isolated, drowned in his own thoughts. He asked himself-"Am I doing this okay?" & the answer he always got was "No".

Those were his only thoughts. One day, having had enough, he got out of the shell. He mustered up courage. He no more cared about what others thought of him. He realized that life goes on and that once he was called 'perfect' for a reason. In the end, he was strong enough to kill all the negativity.

God called him a Black swan.

Pretty to Damaged,
Vicious to Victor.

We are all Black swans at some points in our lives whether due to bad circumstances or the victories not being big enough. All that matters is that we came through strongly. We are much more than we think!!

-Ma. Cristina Kassandra Clamor Singh

Grade: X

STUDYING ONLINE-A NOVEL

EXPERIENCE

The Corona virus pandemic has had a global impact in the past few months and continues to hit most of the sectors, including education. Students across the world have lost valuable school time during the lockdown. The situation

had forced the schools to shut down and the students to study at home.

In such times, the extended lockdown period had forced the education sector in India to rapidly evolve. Most schools and institutions started online classes for the students to start the academic year, instead of wasting time due to the delay in the reopening of the schools.

Online classes in my school started in the second week of April on Zoom. But then we shifted to Google Classroom. This platform was the best education platform for education. For a while, we faced some problems as we had no experience. But gradually we became comfortable. Our teachers, even though at home, worked extremely hard to make videos and post study material to help us study within the safe confines of our homes.

These classes were not the same as the physical classes where there is interaction between the students and teachers. Our teachers first themselves learnt and then started online classes, so that we did not waste our academic year. We had weekly doubt clearing sessions on Google Hangout so that we could clear our doubts.

Through Google Classroom videos were shown to motivate us to take part in physical activities. Videos related to art and craft, dance and music were also uploaded by the teachers.

In July, my school launched its own app named Schoolpad app to make studying easier. Now, through this app the links of online classes are shared with us so that we can attend our classes.

Teachers give us assignments as homework for practice which we have to submit to them in the time allotted. The teachers mark our assignments. They also tell us whether our answers and solutions are right or wrong.

My brothers and sisters are also studying through the Schoolpad App.

We are really grateful to our teachers for coming to our aid in these difficult times.

-Muskan

Grade X

MY EXPERIENCE IN SCHOOL

I am Aniket Kapoor from Grade X. I was selected as the Co-Curricular Captain of this school and I see this as a great opportunity. The Student Council provides an opportunity to the students to engage in structured partnership with teachers, parents and school managers in the operation of

their school. Research indicates that Student Councils can improve academic standards and reduce dropout rates in school. Our school is the best school in the city. It is known for its discipline. We get to learn a lot in our school. Our school teaches us manners and goodwill and instills good qualities in us. Our school has a huge campus with a big play ground. The classrooms are big and tidy. The best thing about my school is that it has many creative and dedicated teachers.

-Aniket Kapoor

Grade X

PROUD TO BE A PRITALIAN

A School is called the Temple of Education. I feel really blessed to be studying in the school where education provided to all the students is at the best level and is always the first priority. All the teachers are themselves role models for all the students as they make all possible efforts to provide good education to the students. My journey in the school has been the best part of my life. I have come a long way from being a shy student, who never talked to anyone to being the Co-curricular Captain of the school. The teachers always encouraged me to give my best everytime. In my point of view our school is the best in academics as well as non-academic activities. Being one of the three Co-Curricular Captains I am of the firm opinion that no one can ever compete with Pritalians in activities. The school Management and staff found me capable for this honour but I believe that it's only their efforts and teachings which made me capable of achieving this. Our school campus provides an effective and inclusive environment which helps us to grasp things easily. In the end, I would like to say that I am a proud Pritalian and will always admire the Prita campus.

-Payal Sharma

Grade: X

CREATIVE SOLUTION TO A CHALLENGING SITUATION

We are still uncertain when we are asked about when the schools are going to open.

We all have faced harsh and challenging times. Everyday seems at a stand still. No friends, no physical teachers, no sports.

I will never forget how the COVID-19 pandemic has affected every individual, every society, everything worth mentioning. Covid times taught

me that challenging circumstances are opportunities to learn and to grow beyond traditional learning. Adverse situations help us to struggle and get favourable results. This pandemic has given us an insight into how to survive with the minimum.

I am reminded of one of the teachers teaching in some government school and who also happens to be my neighbour. She took the children beyond the books and taught them life skills through stories and role plays. I loved to see the walls of her house, all giving enough space to explore and to learn. I found out that she tried to build a supportive relationship with the family members of her students. She motivated the parents to avail of her phone for using online content for virtual learning by their children. To my astonishment, I heard that she spent one-third of her salary to feed/provide rations to the needy family members of her students, despite the fact that her husband has lost his job due to COVID-19. She learnt about a number of online apps based on child psychology so that she could contribute towards the growth of her students. When she was under no pressure to think about their academic performance, she even made other teachers understand the implications of simple psychological concepts through role plays during her online classes. She inspired her students to easily make compost at home using low cost methods to save the environment by showing the videos of some inspiring people like Vani Murthy.

How do I know her? She is the teacher of my friends who, often comes to my house to study. Once, during my friend's online class, I also joined in. The teacher was teaching 'TYPES OF JOINTS-BALL AND SOCKET JOINT'. Science concepts have always attracted me and I saw the teacher making her students enjoy classroom teaching. I also love and enjoy the way my science teacher teaches me the concepts using lab tools, as mine is a well established private school where my science teacher used most of the science lab apparatus during the online class. But what I am going to share about this particular teacher will really surprise all as much as it surprised me. She was using a pestle-a-heavy tool with a round end used for crushing spices and a mortar-a cup shaped structure in which spices are crushed. In the local language she was using the word "KUNDI DANDA". I really felt fascinated

at seeing this wonderful use of the pestle and mortar, in a place other than a kitchen. She took the pestle and mortar in her hands to show how the rounded end of one bone (pestle) fits into the hollow (cavity) of the other bone (mortar).

I was speechless. I thoroughly enjoyed the lesson. It was like a creative solution to a challenging situation where the teacher, inspite of not being able to afford the model of a human skeleton to explain the working of a Ball and socket joint, does so, clearly and exactly using things found in every home. One more incredible solution was waiting for me, when in another online class I saw the students eagerly waiting for the class to start with forks, spoons and lemon squeezers etc. to learn the types of levers. This creative teaching taught me to learn with the minimum or no accessories. When the need for something becomes essential, we are forced to find ways of getting it. Now, I have started believing-
“NECESSITY IS THE MOTHER OF INVENTION”

-Agrima

Grade: VIII

COVID 19-COPING WITH IT!!

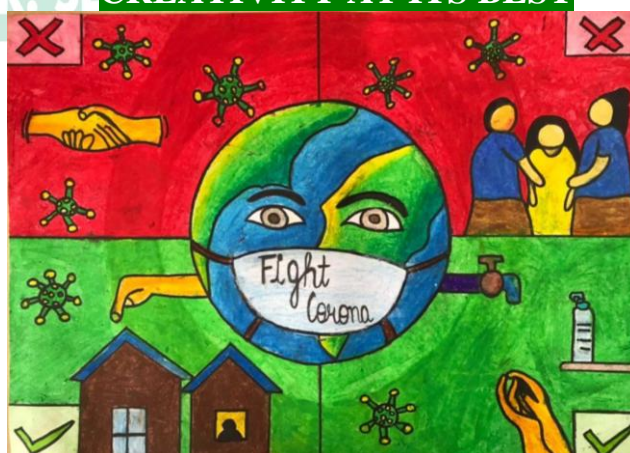
Oh! Corona! Suddenly on 22 March 2020, due to the spread of Covid-19, a janta curfew was announced by our Hon'ble Prime Minister Sh. Narinder Modi. After one day, on 24 March 2020, a lockdown for 21 days was announced by our Prime Minister. Whether we were shocked or surprised I don't know which is the more appropriate word. My exams were going on. I was in Grade IV. My last two exams got cancelled. The country totally shut down-no school and the market sealed. We got trapped in our homes. We are only three members in our family-me, my mom and my maternal grandfather. My mother is a teacher. My grand pa had a hip injury. My mom was the only person to do all the work in our home. Due to the lockdown, we were totally free for some days. We were only facing a problem of getting grocery, vegetables and grand pa's medicines. Due to rumours and panic, my mom bought 10 kg flour for Rs. 550. After a few days, schools decided to start online studies in the new session because the lockdown was extended. We were all declared as having passed our previous grades. My mother started learning new ways to teach online. She started uploading work on the school website.

Everyone was confused-parents as well as students. My mother got busy in uploading school work, house hold work, buying kitchen items and grandfather's medicines. Mom got up early in the morning and went to the chemist to buy grandfather's medicines. After that she did all the household work and made video lectures for uploading. It took a lot of time because large videos are difficult to send. She made them again & again and in parts. She wanted pin drop silence while she recorded the videos. She grumbled and felt helpless when any vehicle's noise from outside got recorded in the video or our door bell rang while she was recording the video. When the whole country was busy in making TIKTOK videos, my mother was busy in making video lectures. She felt extremely happy when her video lecture was successfully made. We don't have a computer or laptop. Therefore, typing of study material and question papers during the lockdown was also a challenge for her. She took help from the neighbours because they have a laptop. In between all this, sometimes my mother got depressed because she was the only earning person in our family. There was a 'No school No fees' call by the parents. But the school paid salaries to the best of their ability. We are extremely grateful to the school for this. After that, virtual classes started on Google Meet. Now she was very happy because now she was able to interact with students face to face. Now after 10-11 months life seems to be getting back to normal. I have also started going to school. May the Corona Vaccine get success!!

-Kavya

Grade: V

CREATIVITY AT ITS BEST



-Vansh Kumar

Grade: V



-Harsh Kumar

Grade: VI

WHAT OUR EDUCATORS SAY

ਕਿਹੋ ਜਿਹੀ ਇਹ ਆਈ ਬਿਮਾਰੀ

ਕਿਹੋ ਜਿਹੀ ਇਹ ਆਈ ਬਿਮਾਰੀ
ਨਾ ਫੜੀ ਜਾਂਦੀ ਨਾ ਦਿਸਦੀ ਏ
ਕਰਫਿਊ ਲਗਾ ਸੀ ਘਰੇ ਬਿਠਾਇਆ
ਦੁਨੀਆਂ ਜੋ ਕਦੇ ਨਾ ਟਿਕਦੀ ਏ।
ਬੱਚੇ, ਬੁੱਢੇ ਜੋ ਮੋਬਾਈਲ ਨਾ ਸਿੱਖੇ
ਆਨਲਾਈਨ ਵੀ ਪੜ੍ਹਨੇ ਲਾ ਦਿੱਤੇ
ਜੋ ਪੜ੍ਹਦਾ ਨੀ ਸੀ ਸਕੂਲ ਅੰਦਰ
ਕਰੋਨਾ ਫੋਨ ਵੀ ਫੜ੍ਹਨੇ ਸਿੱਖਾ ਦਿੱਤੇ।
ਐਸੀ ਸ਼ੁਰੂਆਤ ਕੀਤੀ ਵਹਾਨ ਚੋ
USA ਵਰਗੇ ਵੀ ਰੋਲ ਦਿੱਤੇ
ਲੋਕ ਲੁਕਦੇ ਫਿਰਦੇ ਸੀ ਘਰਾਂ ਅੰਦਰ
ਇਹਨੇ ਵਾਂਗ ਵਰਕਿਆਂ ਫਰੋਲ ਦਿੱਤੇ।
ਇੱਕ ਉਮਰ ਹੁੰਦੀ ਏ ਹੰਢਾਵਣ ਦੀ
ਇਹਨੇ ਉਹ ਵੀ ਹੱਦ ਮੁਕਾ ਦਿੱਤੀ
ਮਾਂ ਪੁੱਤ ਨੂੰ ਵੇਖਣ ਨੂੰ ਤਰਸ ਰਹੀ
ਉਹਨਾਂ ਲਾਸ਼ ਵੀ ਦੂਰੋਂ ਦਿਖਾ ਦਿੱਤੀ।
ਤੂੰ ਘੁੱਟਿਆ ਸੀ ਗਲ ਕੁਦਰਤ ਦਾ

ਉਹਨੇ ਰੱਸਾ ਤੇਰੇ ਗਲ ਪਾ ਦਿੱਤਾ
ਨਾ ਲੱਭਿਆ ਕੋਈ ਸੌਖਾ ਰਾਹ ਤੈਨੂੰ
ਐਸਾ ਰੋਗ ਕਰੋਨਾ ਲਾ ਦਿੱਤਾ।
'ਜਿੰਦਰਾ' ਮੈਂ ਤੈਨੂੰ ਗੱਲ ਸਮਝਾਵਾਂ
ਵੱਸ ਤੇਰੇ ਵੀ ਤਾਂ ਕੁਝ ਨਹੀਂ
ਸਾਂਭ ਕੇ ਰੱਖ ਲੈ ਕੁਦਰਤੀ ਦਾਤਾਂ
ਬਿਨ ਇਹਦੇ ਵੀ ਹੋਣਾ ਕੁਝ ਨਹੀਂ
ਬਿਨ ਇਹਦੇ ਵੀ ਹੋਣਾ ਕੁਝ ਨਹੀਂ।

-ਹਰਜਿੰਦਰ ਸਿੰਘ ਗੰਭੀਰਪੁਰੀ

INVENTIONS

A	Airplane	Orville and Willur Wright (1930)
B	Battery	Alessandro Volta (1800)
C	Compact Disk (CD)	James Russell (1965)
D	Decimals	Simon Steven (1585)
E	Electric Light Bulb	Thomas Edison (1878)
	Elevator	Elisha Otis (1853)
F	Frozen Food	Clarence Birdseye (1925)
	Fountain Pen	Lewis E. Waterman (1884)
G	Geiger Counter	Hans Geiger (1913)
H	Hot Air Balloon	Montgolfier Brothers (1783)
I	Iron Electric	Henry W. Seeley (1882)
J	Jet Engine	Frank Whittle (1930)
K	Kaleidoscope	David Brewster (1817)
L	Lightning Conductor	Benjamin Franklin (1752)
M	Microscope	Anthonyvan Leewenhoek (1677)
N	Nylon	Wallace Carothers (1935)
O	Optical Disc	David Paul Gregg (1958)
P	Pressure Cooker	Denis Papin (1675)
	Pendulum Clock	Christian Hugins (1656)
Q	Q-Tips	Lep Gerstenzang (1920's)
R	Radio	Guglielmo Marioni (1895)
	Refrigerator	Ferdinand Carre (1859)
	Rocket Engine	Robert Goddard (1926)
	Roller Skates	Joseph Merlin (1760)
S	Safety Pin	Walter Hunt (1895)
	Safety Razor	King Gillette (1859)
	Small pox	Vaccination Edward Jenner (1796)
	Steam Engine	Thomas Savery (1698)
	Submarine	T.John Holland (1898)
T		

Tea Bag	Thomas Sullivan (1908)
Teflon	Samuel Morse (1837)
Telephone	Alexander Graham Bell (1876)
Telescope	Galileo Galilei (1609)
Television	John Logie Baird (1925)
U	
Umbrella	Samuel Fox (1852)
V	
Vacuum Cleaner	H. Cecil Booth (1901)
W	
Washing Machine	Hamilton Smith (1858)
X	
Xerography	Chester Floyd Carlson (1937)
Y	
Yellow Pages	Reuben H. Donnelly (1886)
Z	
Zip Fastener	Whitcomb Judson (1893)
-Ms. Savi	

2020- A YEAR OF LEARNERS

The dawn of the New Year 2020 had seen the outbreak of the global pandemic, the novel Corona virus or the Covid-19. The world was on the brink of an economic slowdown, uncertainty, job losses, disease, depression and negativity. India, along with many other countries, was in Lockdown - an initiative taken to flatten the curve and save our lives.

The Corona virus has brought many challenges before us. It is how we rise to the challenge, how we analyse the situation and rethink our strategies which define our perspective.

With everything shut down, the education sector also felt the heat of the pandemic. All the educational institutions are closed and all board exams were postponed. In such a worrying scenario, it was indeed a challenge for the teaching fraternity to conduct classes.

Necessity is the mother of invention – goes the saying and this was when the concept of SMART TEACHING, DIGITAL TECHNOLOGY and ONLINE TEACHING had come to the rescue. Shifting a full fledged running School to a digital platform was something no one would have thought of; but that's how life goes on, most unpredictable at the most unpredictable times.

As much as online learning was new to students and parents, it was for teachers too. Apps being used for the purpose - Zoom, Google meet, Google classroom were names not even heard before. And now, we were to interact with our learners through them. It is said that a good teacher is always a good learner. Well, it was proven right when our not-so-tech-savvy and tech-friendly educators pulled up their sleeves

and learnt the best they could so that they could teach the best.

Challenges were not only to learn and train educators, but to bring students on the same platform. Though they are the 21st century generation, well-versed with using smartphones and computers, but to sit in an atmosphere of a classroom on the screen was not that easy for and acceptable to them. Some were excited at the thought of e-learning and some were worried due to the non-availability of resources. Some grasped the concept easily and some struggled to adapt to the new concept of learning.

We normally say life teaches at every single moment. Undoubtedly, 2020 was a year of learning for all. It was like the teachers of our school whom we hated for being strict and unfriendly but later remembered them for what we are today.

The worst was that it bound us all within the boundaries of our house but the best was that it gave us numerous opportunities to wake up the learners in ourselves. 2020 has given a new perspective to our life. It may not have prepared us for the coming life but yes, it has given us the strength and confidence to face the difficulties with a smile.

-Ms. Kiran Kamal Kaur

जीवन चलने का नाम

‘हर जुबान पे एक दिन तेरा नाम होगा
हर कदम पे तेरे दुनिया का सलाम होगा
जीवन में संघर्ष करना तू डटकर
देखना समय भी तेरा गुलाम होगा’

अगर आपने अभी तक सफलता का स्वाद नहीं चखा है लेकिन यह सोचकर परेशान है कि आपको औरों की अपेक्षा लक्ष्य प्राप्ति के लिए काफी संघर्ष करना पड़ रहा है तो इस बात को दिल से निकाल दें। जीवन में संघर्ष ही व्यक्ति को आगे बढ़ाता है। विपरीत परिस्थितियाँ हमें अधिक सक्षम और सशक्त बनाती हैं। आप इस बात की गाँठ बांध लें कि अंधेरे के बाद ही उजाले की किरण आती है। संघर्ष करने वाला ही आगे बढ़ता है। संघर्ष अभिशाप नहीं, वरदान है। इनसे भागने की जरूरत नहीं है। अगर आप इस तरह की मानसिकता लेकर आगे की रणनीति बनाते हैं तो आप को सफलता अवश्य मिलती है। दुनिया में आपको ऐसा कोई सफल व्यक्ति नहीं मिलेगा, जिन्होंने संघर्ष न किया हो। खुद भगवान राम जब धरती पर आए तो उन्हें भी अपनी प्रसिद्धि के लिए अनेक तरह के संघर्ष करने पड़े। आज उनके नाम की प्रसिद्धि उनके काम और प्रसिद्धि को देखकर

है। अगर आप भी जिंदगी में एक अलग मुकाम हासिल करना चाहते हैं तो आपको अपना सर्वस्व देना ही होगा। कठिन परिस्थितियों से जूझना ही पड़ेगा। अगर आपने इन सबका सामना डटकर कर लिया तो आपको विजेता बनने से कोई नहीं रोक सकता है।

संघर्ष में आदमी अकेला होता है

सफलता में दुनिया उसके साथ होती है।

-ममता वर्मा





The Editorial Team

Ms. Kiran Kamal Kaur

Mr. Harjinder Singh Karir

Ms. Shashi Bala

Ms. Savi

Ms. Rajinder Chawla

Ms. Amita