

# The Prithalian



## e-Newsletter

**2021-2022**

**Volume # 2**

## EDITORIAL

The academic session 2021-2022 opened with some hope, but no one had anticipated the arrival of the second wave of COVID, which was extremely devastating. During the second wave many of us got affected and saw what a pandemic is truly capable of. The onset of second wave made us all realize that we are living in a highly volatile, uncertain, complex and ambiguous world. One of our greatest tests today is to learn to adjust our ways of thinking to meet the challenges of this complex and rapidly evolving world.

The school opened its gates for the students when the government directed to from time to time, following all the necessary COVID protocols. To create a relatively COVID safe campus all our employees have been vaccinated. The Central Board of Secondary Education changed its assessment procedure in these challenging times. The board exams were cancelled for the first time in the history. The results of grade X were declared on the basis of assessment, previous performances and moderation as per CBSE's guidelines.

Pritalians withstood all the challenges with perseverance and commitment. It responded swiftly to the changed academic scenario by successfully adapting to the ever new virtual world for providing seamless distance learning. All our students not only continued to cover up the prescribed syllabus- all thanks to the online classes and our educators, but also they were fortunate enough to widen their horizons through various online activities and competitions organized by the school. Our mission had always been to make online learning a wholesome experience for our students whether they are at home or school, so that their minds are involved in purposeful learning leading them to evolve into vivacious, exuberant and disciplined individuals who are self aware.

All said and done, the co-operation and dedication from our parents and educators is praiseworthy through these difficult times.

We thank the almighty for giving us the strength to overcome such hurdles in the past and hope that the situation becomes better in the coming

times. Well if this pandemic has taught us something it is to be OPTIMISTIC. Hence, in the end I would like to quote:

*"When it rains look for rainbows; when it's dark look for stars."*

## CBSE BOARD TOPPERS

*"Success is not final, failure is not fatal, it is the courage to continue that counts."*

It gives us immense pleasure to share that from our class X School batch 2020-21, students gave 100% result maintaining the legacy of school & making the school and their parents proud.



## WINNERS GLORE

*'The backbone of success is hard work teamed with determination, good planning and perseverance.'*



1. Gurmannaat Kaur of Grade II, brought laurels to the school by winning Silver and Bronze medals in Taekwondo at State Level.
2. Jigyansh Sharma of Grade VI bagged the position of State Champion in Category A3 of the recently held UCMAS Abacus Championship and 5<sup>th</sup> position in Category A3 UCMAS Abacus National Championship.
3. Jaiveer Singh of Grade VI bagged 2nd Runner up position in Category A3 of UCMAS Abacus Championship & 5<sup>th</sup> position in Category A3 UCMAS Abacus National Championship.

## SCHOOL ACTIVITIES

### EARTH DAY

Earth Day was first observed in 1970 as a day to educate all the citizens about environmental issues, and this year it was the 51<sup>st</sup> anniversary of the Earth Day. The theme for the year was 'Restore Our Earth', which focused on natural processes, emerging green technologies, and innovative thinking that can restore the world's ecosystems. In this way, the theme rejected the notion that mitigation or adaptation are the only ways to address climate change.

Earth Day was observed on April 22<sup>nd</sup>, 2021 at Prita Lee Campus. The day began with a virtual pledge and was followed by Talk shows, activities showcasing Reuse of plastic waste, etc. performed during Virtual classes. All the students from Grades I to X participated in these activities.

### WORLD BOOK DAY

*'Books are the plane and the train, and the road. They are the destination, and the journey. They are home.'*

'World Book Day' was first observed on April 23<sup>rd</sup> 1995 by the United Nations Educational, Scientific and Cultural Organization (UNESCO). Books are more than simple pieces of paper with words on them. They are a door into another

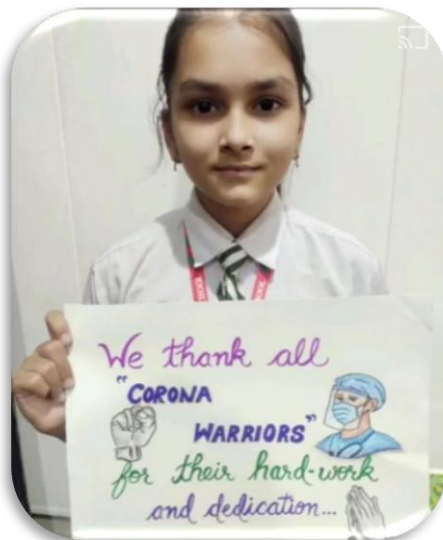
world of imagination, fiction and factual understanding. Keeping this in mind a 'Reading Activity' was organized on April 23<sup>rd</sup>, 2021 for the students during the virtual classes, with the sole purpose to encourage a love of reading in the children.



### LABOUR DAY

*'No human masterpiece has been created without great labour.'* – Andre Gide.

International May Day is observed annually on May 1 to celebrate the achievements and contributions of the labour of any nation. Specifically it marks the achievements of the Labour Movement-the 8 hour movement, which advocated 8 hours of work. But today, our frontline workers are working 24x7 since the past one year to fight and win the battle against covid-19. The Pritilians with their teachers saluted the courage and patience of all the frontline workers who have served the community during this devastating pandemic.



## MOTHER'S DAY

*"It may be possible to gild pure gold, but who can make his mother more beautiful?"*

Mother's Day is celebrated on the second Sunday of May annually to honour motherhood and pay homage to mothers who have and continue to inspire us all. It is believed that the bond between a mother and her child is the strongest, and Mother's Day appreciates the same.

The contribution of a mother in the lives of her children is immense and though a single day is never going to be enough to thank her for the love and commitment, it is essential to acknowledge the same and make them feel special.

A special Assembly was organised on May 7<sup>th</sup>, 2021 to celebrate motherhood and to thank the Mothers for being the greatest inspiration on this paradise.

There is no way to express our love and gratitude towards our mothers. But the young Pritalians found novel ways to express their gratitude for all that mothers do for us.

Our students Anushka from Grade VIII and Gourav (School alumni) composed and sung a beautiful song dedicated to all mothers.



## WORLD HYPERTENSION DAY

Hypertension is a lifestyle disease which is affecting more than 30% of the adult population worldwide or more than one billion people around the world especially more during the ongoing Covid-19 pandemic. Increasing its prevalence within all age groups, courtesy the unhealthy dietary patterns and increased stress levels amid the frequent lockdowns, it is important to maintain it within the normal range. As we mark the World Hypertension Day on May 17<sup>th</sup> 2021, raising awareness especially in low to middle income areas and promoting the accurate blood pressure measurement methods is the key. In an effort to be in tune with this year's theme 'Measure your blood pressure, control it, live longer', the Physical Education teacher of the school, Mr Harjinder, demonstrated a few Yoga exercises that can be performed at home to help lower blood pressure levels and beat hypertension.



## INVESTITURE CEREMONY

*Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others. - Jack Welch*

What is the meaning of Investiture? It is the act of establishing in office or ratifying. The Investiture ceremony signifies the reliance and confidence that the school consigns in the newly invested office bearers. The Investiture Ceremony for the session 2021-22 was held on May 28<sup>th</sup>, 2021. It was the first of its kind as it was held virtually, with the parents doing the honours. The students pledged to bestow their duties to the best of their abilities.



The School Principal, Ms Sonali Nair, addressed the students highlighting their responsibilities. The Chief Guest for the event, Ms. Dolly Singh, congratulated the office bearers and reiterated that it was a very big responsibility on their shoulders-one that they should take on in all earnestness.

Designation	Name	Grade
Head Girl	Jasmine Kaur	X
Head Boy	Pratham	X
Vice Head Boy	Hardik Bhola	X
Vice Head Girl	Tanashpreet Kaur	X
<b>House Captains</b>		
Rose House	Niharika Khillan	X
Lily House	Aryan Sharma	X
Lotus House	Kabir Kumar	X
Jasmine House	Dhruv Kanda	X
Tulip House	Sarthik	X
Dahlia	Harman Kaur Chahal	X

## WORLD ENVIRONMENT DAY

World Environment Day was established in 1972 by the United Nations at the Stockholm Conference on the Human Environment (June 5-16, 1972) that had resulted from discussions on the integration of human interactions and the environment. Two years later, in 1974 the first WED was held with the theme "Only One Earth". The theme for 2021 was "Reimagine. Recreate. Restore."

In a race to digitalize, we have forgotten that our Mother Nature is vulnerable to harm from the various technologies that have become a part of our lives. It is essential to save and rebuild the relationship with Mother Nature. People celebrate WED in many different ways. The Pritilians observed this day by conducting an Online Declamation Competition on June 5<sup>th</sup>, 2021 for the students of Grades IX and X with topics that helped in increasing awareness among the new generation about the various things that cause harm to Mother Earth and ways that they could prevent this. The younger Pritilians were not to be left behind!! They observed the day by planting saplings in and around their houses, making bird feeders and plant hangers.



Position	Name of the student	Grade
1	Drishiti	X
2	Gurnoor Kaur	X
2	Tanshpreet Kaur	X
3	Niharika Khillan	X
3	Samaha	IX

## SPELL BEE COMPETITION

*"Taste the relish to be found in competition -- in having put forth the best within you." -- Henry Kaiser*

A Virtual Spell Bee Competition was organized by the School for Grades VII & VIII on June 5<sup>th</sup>, 2021. Literary competitions like Spell Bee help students learn spellings, something not done eagerly by them, through a fun based activity, all the while ensuring that they never give up their fighting spirit. Such competitions not only enhance their knowledge but also motivate them to do better.

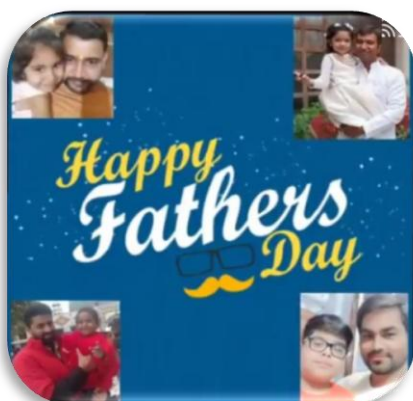
After a vigorous but healthy competition, Harsh Kumar of Grade VII bagged the position of the Virtual Spell Bee Champion.

Position	Name	Grade
1	Harsh Kumar	VII

## FATHER'S DAY

*"A father doesn't tell you that he loves you. He shows you."*

Father's Day was founded in Washington in 1910. Every year on the third Sunday of June, Father's Day is celebrated to symbolize their contribution towards raising their children. It is celebrated to cherish the journey of fatherhood and the unbreakable bond children have with their fathers. Father's day was observed on June 20<sup>th</sup>, 2021 where Pritalians appreciated love and hard work of the fathers for their children.



## THE INTERNATIONAL DAY OF YOGA

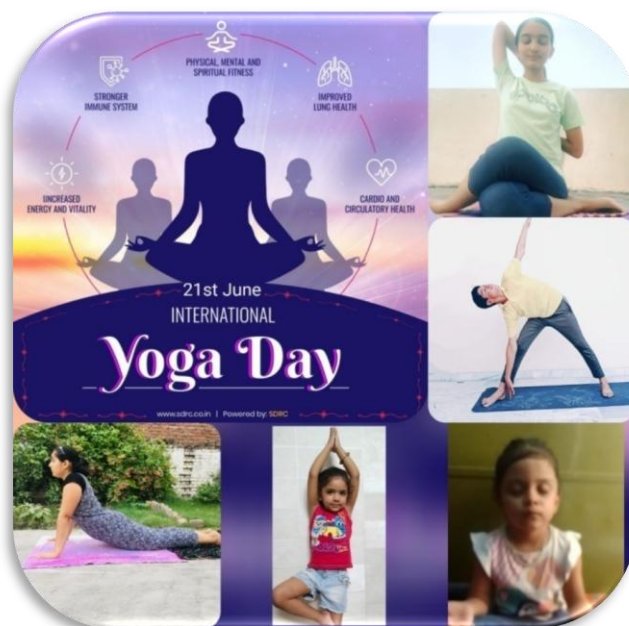
Besides medical intervention and proper diet, yoga and pranayam also play an important role in boosting immunity and stamina.

The International Day of Yoga has been celebrated annually on June 21<sup>st</sup> since 2015, following its inception in the United Nations General Assembly in 2014.

Various studies and researches have proved that yoga is not just a form of physical exercise but is also an ancient science that provides numerous benefits for mental, spiritual and overall wellbeing. Apart from these, various studies have found that yoga relieves stress, calms the nervous system, increases body awareness, sharpens attention and concentration, and reduces muscle tension, strain, and inflammation.

To boost the immune system and health of our students, Yoga forms an essential part of our Virtual Classes where students, right from Grade Nursery onwards, are guided to perform various Yogasanas correctly as a part of their daily routine exercise.

On the occasion of the seventh International Yoga Day, our children who were not to be left behind even when confined to their homes, practiced the various asanas taught to them during their classes and sent us the photos of the same.





## RAKSHA BANDHAN

*"Brothers and sisters are as close as hands and feet."*

Raksha Bandhan, its literal meaning is 'safety' and 'bond', a unique bond between a brother and his sister.

The day cherishes the love and joy brought on by the cute banter among siblings. To celebrate their everlasting bond, some adorable moments between brothers and sisters were shared.

They showed their love and passion by singing song and performing dance. On the eve of the special occasion of Raksha Bandhan, the students made quite unique and beautiful 'Rakhis' by themselves. All the students participated in this Art and Craft activity, enthusiastically.



## BIDDING ADIEU!!

*"Thank you for everything that you've accomplished so far, and good luck to everything you will in the future."*

On August 28<sup>th</sup>, 2021 we at Prita Lee Lesson School bid farewell to our worthy Principal Ms. Sonali Nair. It was an emotional day for the Management and the staff. We wish to thank ma'am for her brilliant work as an administrator and educator. May you reach to greater heights and achieve all that you desire.



## TEACHER'S DAY

*"They inspire you, they entertain you, and you end up learning a ton even when you don't know it." - Nicholas Spark*

Every year September 5<sup>th</sup> is celebrated as Teachers' Day as a mark of tribute to the contribution made by teachers to the society. It is the birth anniversary of a great teacher Dr Sarvepalli Radhakrishnan, who was a staunch believer of education and was a well-known diplomat, scholar, the President of India and above all, a teacher.





## Prita Lee Lesson School

The school Management took the opportunity to appreciate the faculty members for rendering their selfless service to help the institution reach the pinnacle of success and glory. We applaud them for their untiring efforts they have put in during these unprecedented Covid19 times.

### WELCOME ON BOARD!

It is a matter of great pleasure and honour for us to welcome, Ms Sonika Mahajan as the new captain of the Prita Lee Team. She has worked for 23 years as an educator and for 10 years as an administrator. We hope that her enthusiasm, energy and focus on education and learning will help our institution to achieve greater heights. A few words from Ms Sonika on becoming a part of the Pritalian family.

*“Success comes to those who work hard and stays with those who don’t take rest in the laurels of the past.”*



It gives me immense pleasure to have joined the Prita Lee family that firmly believes in marching ahead with strong, determined and staunch humanitarian principles. Discipline and integrity are the hallmarks of this institution. Prita Lee Lesson has maintained its unique character and ethos since 1967 and I will leave no stone unturned in carrying forward the legacy of the school.

I view education as a lifelong process and firmly believe in the golden words quoted by Plato (the founder of the first institution of higher learning) “Do not train a child to learn by force of harshness but direct them to it by what amuses their minds, so that you may be better able to discover with accuracy the peculiar bent of the genius of each.”

*-Ms Sonika Mahajan  
Principal*

### WORLD MENTAL HEALTH DAY

*‘What mental health needs are more sunlight, more condor and more unashamed conversation.’*



The World Mental Health Day is meant to raise awareness on mental health issues and garner support on initiatives related to mental health and well being. We observed October 13<sup>th</sup>, 2021 as the World Mental Health Day where our educators organized ‘Story Narrating Sessions’ for Grades I to VIII. The sessions were interactive where students expressed their views on the stories delivered to them and talked about their experience and various issues they faced during Covid-19.

### CELEBRATING VICTORY OF GOOD OVER EVIL

Dussehra also called Vijaydashmi, in Hinduism, is a celebration marking the triumph of Rama, an avtar of Vishnu, over the 10-headed demon king Ravana.

The day was celebrated with various activities performed in the assembly by the students.

A special assembly was organized on October 15<sup>th</sup>, 2021 to celebrate the special occasion where

the students depicted the story behind the celebrations through demonstration of Ravana and his ten heads. A melodious song was performed by the School Choir filling the school premises with a festive aura.



## NATIONAL POLICE COMMEMORATION DAY

National Police Commemoration Day was observed on October 30<sup>th</sup>, 2021 to salute the spirit of Police forces, their families and brave police martyrs who lost their lives fighting for the country. 'Slow Cycling Race' event was organized to celebrate the Police Memorial Week from 21<sup>st</sup> October to 31<sup>st</sup> October by the Punjab Police District Kapurthala. DSP Sh. Shahbaaz Singh, Advocate Chandan Puri and few other members of Police Department were present during the event. They gave prizes to the winners and encouraged the other students to participate in such kind of physical events.

The Managing Director, Admin Director, Principal and staff members thanked the entire team of Punjab Police for organizing and gracing the occasion.



## CELEBRATING THE FESTIVAL OF LIGHTS

*The gorgeous festival of snacks and sweets  
Everyone enjoying a royal feast  
When old and young with delight meet  
And with love and affection do all hearts beat.*

From darkness to the light that empowers us to commit ourselves to good deeds, that which brings us closer to divinity; lights illuminate every corner of India during Diwali, mingled with the sounds of fire-crackers, joy, togetherness and hope. The joyous occasion of Diwali was celebrated on November 4<sup>th</sup>, 2021 with the zeal and enthusiasm. The day started with a special assembly where the educators shared their views about the significance of the festival - how good always conquers the evil and also about why and how Diwali is celebrated across India. Besides sensitizing students about the ill-effects of crackers, they also shared the guidelines of environment-friendly options for celebrating Diwali. The festivity extended over a week as the children participated in various art activities like decorating diyas with colours, glitters, rangoli making, sketching, painting, making Diwali greeting cards etc. An Anti-cracker Diwali campaign was also organized by the students with the motive to aware and motivate their fellow beings for celebrating an eco-friendly Diwali. The entire festive environment filled the hearts of all students with the spirit of Diwali and they enjoyed the celebrations wholeheartedly.



## CELEBRATING THE INNOCENCE- CHILDREN'S DAY

*"Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow." -Pt. Jawaharlal Nehru*

India celebrates Children's Day every year on November 14<sup>th</sup> on the occasion of Pt. Jawaharlal Nehru's birth anniversary. Our educators presented a melodious song dedicated to the students which filled the school premises with a festive aura.



## FOUNDER'S DAY

*"Say no in grief he is no more but in thankfulness that he was."*

A special assembly was organized to remember and pay our heartfelt tribute to our very own Uncle Ji as called by his students, Sardar Abnash Singh Ji & Smt Mohinder Kaur Ji who were great reservoirs of knowledge and splendid personalities. The school was founded by Sardar Abnash Singh Ji in 1967 in memory of Miss Prita Takhat Singh D/o Bhai Sahib Bhai Takhat Singh Ji. Sir worked passionately and tirelessly as the Principal of the school.



Even though today they are not with us but their presence can be felt in the priceless values they taught us which became ever supporting pillars for our school to stand strong on.

## BIRTH ANNIVERSARY OF GURU NANAK DEV JI

ਸਤਿਗੁਰ ਨਾਨਕ ਪ੍ਰਗਟਿਆ ਮਿਟੀ ਧੁੰਧ ਜਗ ਚਾਨਣ ਹੋਆ।

Guru Nanak Dev Ji was the First of the ten Sikh gurus and the founder of Sikhism. His birth anniversary is observed as 'Gurpurab' across the globe. Guru Nanak Dev Ji travelled widely to spread the message of oneness and compassion. To observe this auspicious occasion, a beautiful rendition of a melodious shabad was recited by the students in the assembly on November 19<sup>th</sup>, 2021. Some students and teachers came forward to share their views on the life and teachings of Guru Nanak Dev Ji.



## CONSTITUTION DAY

Prita Lee Lesson School observed the Constitution Day, also known as 'Samvidhan Divas', on November 26<sup>th</sup>, 2021 in the campus.



This day is observed every year to commemorate the adoption of the Constitution of India. On November 26<sup>th</sup>, 1949, the Constituent Assembly of India adopted the Constitution of India, which came into effect on January 26<sup>th</sup>, 1950.

The day was celebrated by organizing a special assembly where the students were made aware of the significance of the day and the Constitution. The basic differences between the Indian Constitution and the Constitutions of other countries were also highlighted.

## THE INTRA-MURAL KHO-KHO MATCH

*"The victory is in the quality of competition, not in the final score."*

Intra-Mural Kho-Kho matches were organized at the school campus for both girls and boys. Both the matches were played with a lot of enthusiasm. Participants set a good example of team work and sportsmanship.



The winners and the participants were appreciated for their performance.

Girls			Boys		
Team	Score	Result	Team	Score	Result
A	22	-	A	30	Won
B	23	Won	B	21	-

## CHRISTMAS DAY CELEBRATIONS

*"We clap hands and welcome the peace of Christmas. We beckon this good season to wait a while with us."*

Christmas is for joy, for giving and sharing, for laughter, for coming together with family and friends. On December 24<sup>th</sup>, 2021 the Pritilians celebrated Christmas with all its joy and happiness. The school wore a festive look with bells, stars, and a beautifully decorated Christmas tree. The essence of Christmas came alive with marvellous dance performances by the students. The School choir presented melodious carols. The boundless joy of celebrating the festival was amply visible on the faces of the children especially when Santa moved around in the assembly.



The delightful celebration included various art activities like making Santa, Christmas tree decoration, making Christmas wreath, etc.

## REPUBLIC DAY CELEBRATIONS

*"Everything that is really great and inspiring is created by the individual who can labour in freedom."*

*"Patriotism is your conviction that this country is superior to all others because you were born in it"*



Republic Day celebrations are an example of all what our country's great leaders and freedom fighters fought for, and how we, as citizens must continue to respect and value them. The School

celebrated the 73<sup>rd</sup> Republic Day with pride and reverence on January 26<sup>th</sup>, 2022. The ceremony began with the unfurling of the tricolor flag by Ms Dolly Singh, Managing Director, accompanied by Admin Director Mr Arneetbir Singh, Principal Ms Sonika Mahajan and other dignitaries and Faculty members. Flag unfurling was followed by a beautiful rendition of our National Song 'Vande Mataram' by the Faculty members.

## VASANT PANCHAMI CELEBRATIONS

Vasant Panchami is dedicated to Maa Saraswati, the Goddess of knowledge, music, art, science and technology. This year the celebrations started with lighting of the lamp in the assembly followed by a speech highlighting the importance of the day, poem and song by our educators.



## INTERNATIONAL MOTHER LANGUAGE DAY

*"If you talk to someone in a language he or she understands that goes to the persons head. If you talk to someone in his or her language it goes to the heart". -Nelson Mandela.*

As they say, "The limits of your language are the limits of your world". Language gives shape to our thoughts and it conveys what our soul feels. No wonder, it deserves a celebration in the true

sense. And what can be closer to our hearts than our 'Matribasha'?

To mark the international mother tongue day, 'Matribhasha Diwas' was celebrated at Prita Lee Lesson School, Kapurthala on February 21<sup>st</sup> 2022. India, is a proud motherland of various languages adorning different regions. 'Matribhasha Diwas' was indeed a golden opportunity to celebrate something that is dear, next to our own mothers, to us –Our Matribasha. Being given an opportunity to hold our head high and talk about mother tongue was a joy that cannot be explained merely in words. Pritalians put in their full enthusiasm and interest to highlight their matribasha by singing Folk Songs, writing Essays in their regional language.

Elocution was a good opportunity to both the students and teachers to know the greatness and specialities of our mother tongue. Painting Competition was also held to carve their imagination to mesmerise the aesthetic sense of regional culture. It was a very engaging and phenomenal event.



### AZADI KA AMRIT MAHOTSAV- CELEBRATING 75 YEARS OF INDEPENDENCE

Azadi Ka Amrit Mahotsav is an initiative of the government of India to celebrate the glorious 75 years of Independence and the significant history of its people, culture, and achievements.

The Prime Minister, Shri Narendra Modi inaugurated the 'Azadi Ka Amrit Mahotsav' on March 12<sup>th</sup>, 2021.

Under this initiative, numerous activities were conducted in the school for the students of Grades I to X. And not only the students, but the teachers also participated in many of the activities with full zeal and zest. The activities that had been conducted in the school are Poster making, paragraph writing, role plays, post card writing and quiz competition. The theme of these activities was Freedom fighters and their struggles in making India, independent.

The activities helped the students in instilling patriotism among them. Also, through these activities, they gained a deep insight into the lives of the freedom fighters and their crucial role to make India free from the rule of the Britishers.

In the end, I would like to say that 'Azadi Ka Amrit Mahotsav' is a great initiative made by the government of India to make the youth informed about the struggles made by the Indian freedom fighters.

### STORY TELLING ACTIVITY BY GRANDPARENTS

"Dada - Dadi ki kahaaniya" has always been an integral part of everyone's childhood. Isn't it? Keeping this into consideration under the AKAM initiative, activities were conducted for the grandparents of the students wherein, the grandparents told stories about the freedom fighters and the struggles that they had made to make India independent. Students of grades I and II participated in this activity where they actively listened to the stories told by their grandparents. The activity was conducted virtually on October 20<sup>th</sup>, 2021.

### POSTER MAKING ACTIVITY

Poster making activity was conducted for grades I- V and grades VI- X on August 13<sup>th</sup> 2021 and September 18<sup>th</sup>, 2021 respectively.

The theme of the poster making was "Freedom fighters". The students showed their aesthetic and artistic abilities to their fullest. Their artworks exemplified various freedom fighters and their slogans.

## PARAGRAPH WRITING ACTIVITY

Paragraph writing activity was conducted for grades 1- V and grades VI- X on September 22<sup>nd</sup>, 2021 and October 15<sup>th</sup>, 2021 respectively. The theme of the paragraph writing was “Places related to freedom struggles”. It was a great opportunity for the students to not only develop and show their linguistic abilities but it surely helped them to have in depth knowledge about the historical places of struggle, protests and much more. The students took part in the activity with full zeal and enthusiasm.

## SPEECH ON AZADI KA AMRIT MAHOTSAV

Harleen Kaur of Grade IX gave a speech on the theme “Azadi Ka Amrit Mahotsav”. The activity was conducted on 14<sup>th</sup>, August 2021. The students participated in the activity confidently and also shared their views impactfully.

## QUIZ COMPETITION

To enhance the knowledge and trigger self-confidence among students, a Quiz competition on the topic “Freedom Fighter” was conducted on November 20<sup>th</sup>, 2021 for the students of grades IV -V and VII and VIII. The students participated in the competition with full enthusiasm and high spirits. The winning teams were also rewarded with prizes.

Altogether it was a very comprehensive and enjoyable experience for the students.



## ROLE PLAY

An activity of role play on freedom fighters was conducted for the students of grades V to VIII on February 10<sup>th</sup>, 2022. The students were dressed up as different freedom fighters and played the role by saying their respective slogans. The activity instilled the feeling of patriotism among the students.

## STUDENTS' CORNER

### HARDWORK AND SUCCESS

Hardwork is the key to success is a well known saying. Hardwork and success go hand in hand. Many inspirational fables are there to prove this fact.

The examples of Gandhi Ji and Edison shows that hardwork ultimately pays off. All the successful people of the world have one common reason for their success. It is their hard labour.

When one has put in all one's efforts and done sincere hard work then one is sure of the results. After that even if the results are not upto one's expectations, the person feels contended. They say luck also favours those who work hard.

Honest hard work has the power to exalt men and bestow them with glory.

-Rashi

5435

VII-Blue

### FACTS

1. Leeches (a type of animal) has 32 brains.
2. Zoo is the only number which cannot be represented by roman.
3. The heart is the hardest working muscle in the body.
4. There's a room in the Microsoft's Headquarters in Washington that holds a world record for being the Quietest Room in the world.

-Bhawna

Grade VII

Roll No. 5241



### RIDDLES

1. I'm not alive, but I have 5 fingers. What am I?
2. Which word is written incorrectly in a dictionary?
3. People buy me to eat, but never eat me. What am I?
4. Feed me, and it will give me a life, but give me a drink and I will die. What am I?
5. Who makes moves while being seated?
6. What flies when it's born, lies when it's alive and runs when it's dead?
7. What gets wet when drying?
8. I exist only when there is light, but direct light kills me. What am I?
9. What travels around the world staying in the same corner?
10. Every evening I get my assignment and I always fulfill it. But every time I do, I get scolded. What am I?
11. I only increase and never decrease. What is it?
12. I can be cracked. I can be made, I can be told, I can be played. What am I?
13. What goes through cities and fields, but never moves?
14. What animal has no brain?

*Answers:*  
(1) Gloves (2) Incorrectly (3) A Plate (4) Fire (5) A chess player  
(6) A snowflake (7) A towel (8) A shadow (9) A stamp  
(10) An alarm clock (11) Our Age (12) A joke (13) Roads go  
through cities and fields. Yet they don't move. (14) Cords and  
jellyfish.

-Rashi & Bhawna  
Grade VII

### LEAVING THOUGHT ON PAPER

It all went like a beautiful fairy tale.  
The good mornings, the back bencher's  
whispering and the craze of the monitor beet  
among students. So Yeah! Here I am considering  
my most appealing time of my school days in  
Prita Lee never realized that this time would end

this much sooner. It seems like joining this  
institution just a day before, the school time gave  
me a lot of opportunities to show up the best of  
myself. I still remember participating in each and  
every activity or competition held in the school.  
The feeling of doing something new and creative  
never ended. I would like to express my gratitude  
towards those teachers who not only taught us but  
inculcated the best manners and skills in us.  
Thank you to respected Director Ma'am and all  
the dignitaries for all the years of guidance and  
advice you have bestowed upon us. You all are  
the one who truly molded me into something with  
valuable skills and talents. I hope to make you all  
proud of my future endeavors as well. There are  
my endless memories connected with school  
which makes me so zealous and affectionate.

-Niharika  
Grade X  
Roll No 5302

### ANXIETY DURING EXAMS

Many students experience some amount of stress  
and anxiety before and during exams. Test  
anxiety is more than feeling a little nervous  
before a test. Student can struggle with test  
anxiety, a bit of pre-exam nervousness of worry  
and fear which can negatively impact  
performance. The high achieving students who  
have high expectations of themselves or who are  
perfectionists and also the under prepared  
students who haven't properly prepared for test  
are also likely to deal with test anxiety.

Sign of anxiety are unable to concentrate, often  
feeling nervous, dry mouth and feeling of  
difficulty in breathing.

Tips of overcoming anxiety are talk to your  
teacher and parents, always make notes and study  
material well in advance before exam, learn  
relaxation techniques such as deep breathing,  
don't forget to eat and drink, regular exercise,  
know your weak subject and pay more  
attention/extra time, plenty of sleep.



### EXAM

The mere thought of this word sends a shiver down the spine. Am I right? Exam fear starts with the announcement of the date and runs till the last day. And who would forget the previous day after our exams, when we felt like we have got wings to fly! What ecstatic moment, as if there was nothing more than completing our exams.

The 19<sup>th</sup> century businessman and American philanthropist Henry Fischel, who discovered exams, must have settled among students in the future.

Has Class 10 exam fear gripped you? Chill Exams help us evaluate our knowledge and understand how well we can apply whatever we have read to solve problems.

*-Pratham*

*Grade X*

*Roll No. 4876*

### HELPING NATURE

Helping others is an act of spreading happiness around the world which in turn makes you happy. This gesture also shows humanity and kindness. When you help others in any form, you have many chances to get help when you are stuck somewhere. Make sure while helping others, your intention should be pure and you should be sure to help others. Actions speak more than words; people give a speech to the world, but rather than speaking, one should help others in this world. Even small acts also play a significant role in changing one's life. You can help someone by mentoring, teaching them good habits, providing some essentials to the needy and even making someone laugh in abnormal conditions. After helping someone, one should not wait for them to thank you or pay gratitude for your help. Serving people is like serving God.

*-Kabir*

*Grade X*

*Roll No 4860*

### MEMORIES

We may complain about our school work,

Perhaps we think our lesson hard.

We'd much prefer to be out playing.

And running in the big school yard.

But with the passing of the years.

The dearest memories we'll call

Will be of hours that we have spent

Within the big green school house wall.

We may consider it a trial.

To have to add and multiply

And lessons in geography

Bring many a long-drawn, anxious sign,

But with the passing of the years

When time has casts its purple haze,

The memories that we will treasure

Will be of long-gone, old school days.

*-Gurnoor Kaur*

*Grade X*

*Roll No. 528*

### FAILURE: A STEP TOWARDS SUCCESS

*Never let success get to your head, never let failure to your heart.*

It will not be hilarious to call failures as builders of success. Failures are often quoted as pillars of success. There are many proverbs, stories about failures used to inspire those who have failed in one way or another. Success comes through rapidly fixing our mistakes rather than getting things right the first time. Indeed it will be a true call to every winner as a failure. A winner must have tested the sweatness of failure. Every failure is not a winner, but every winner is the output of several failed experience that have had helped him/her in stepping towards later success.

*-Damandeep Kaur*

*Grade X*

*Roll No 4940*

## CREATIVITY AT ITS BEST

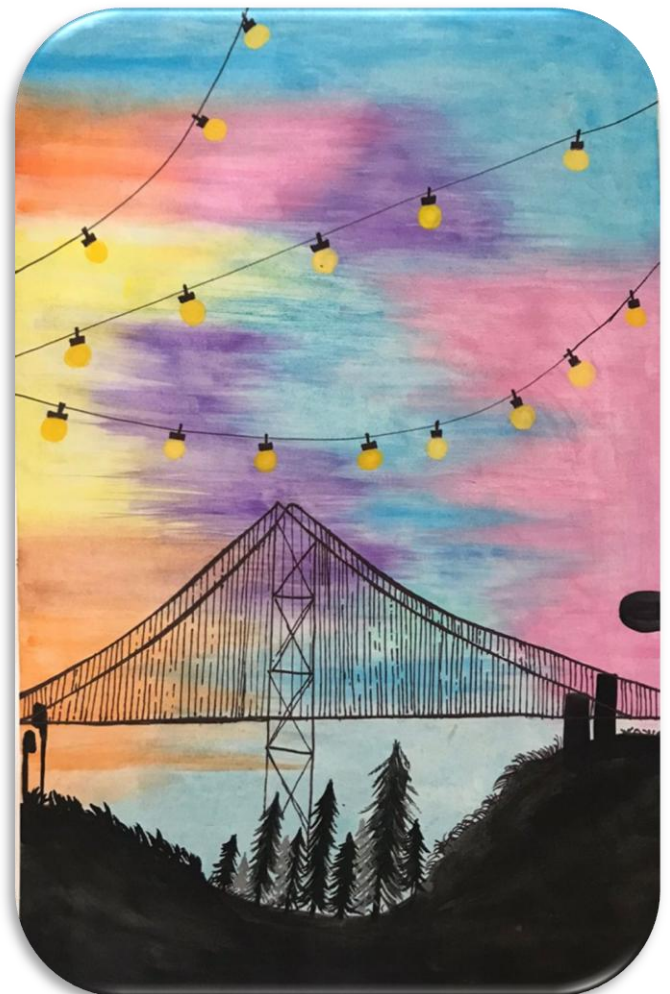
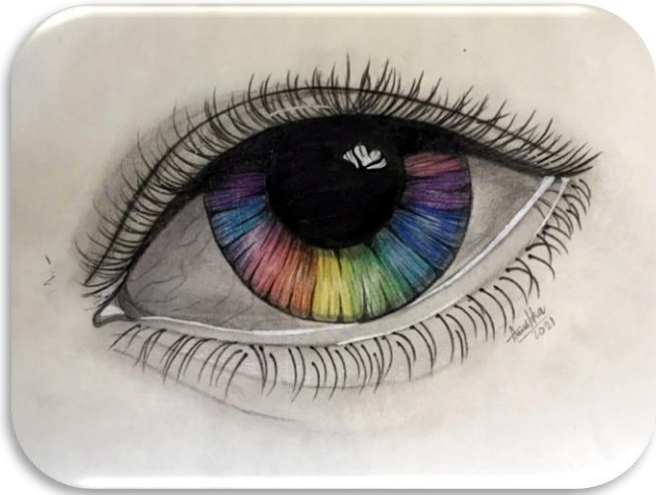
*'Creativity is as important now in education as literacy and we should treat it with the same status.'* -Ken Robinson

It is often said that artists have got a considerable use of imagination and hence they are more creative than other people. However, several scientists around the world state that art have nothing to do with creativity. They actually claim that scientists are as creative as artists. As a matter of fact, creativity has presented a prominently increase overtime. Time ago, human beings were not able to build temples or communicate with each other. However, nowadays, scientists are capable to divide the atom and build enormous rockets that can go to the moon. Indeed, arts have played a crucial role into the development of creativity. It is, actually, due to art that cavemen could paint in temples and develop a way to communicate. In fact, arts help human beings to have an open mind and think outside the box. It is arts that have motivated numerous people to create. Nevertheless, arts has, wit out a doubt, enhanced creativity.

-Ms Amanpreet Kaur  
Art Educator











### FROM OUR EDUCATORS

#### HEALTHY JUICES

1. Orange + Ginger + Cucumber: Improve skin.
2. Pear + Banana: Regulates sugar content.
3. Banana + Pine apple + Milk: Prevent constipation.
4. Apple + Cucumber + Kiwi: To improve skin complexion.

-Ms. Jasmine Kaur  
Educator

#### PUTTING SUN IN LUNCH BOX

Scientists around the globe are trying to put the Sun in lunch box. What does that mean? They are trying to create and hold (confine) fusion energy of sun on earth in a small chamber. Fusion is the process by which stars and sun get its energy. The project is called ITER project. The ITER members are The ITER Members are China, the European Union, India, Japan, Korea, Russia and the United States. India is responsible 9.1% of construction cost. The project will take 13 more years to complete. We have completed 75.8% of project to create first plasma. The project will Produce 500 MW of fusion power. What if we start to use fusion energy in future to produce electricity and run automobiles like cars and bikes. Then we can reduce pollution and make earth a better place.

-Mr. Gursimran Singh  
Educator

#### LEARNING, UNLEARNING AND RE-LEARNING

When was the last time you learned something new?

My recent encounter with this question brought my thoughts to an abrupt halt and made me genuinely question myself! When was the last time I learned something new? Not only that, when was the last time that I renewed an old hobby or went back to an unread book? I often wonder, why is it that we just think about

learning something new. Ever thought of unlearning something instead?

Needless to say, over the last few months we all had to exit our technological comfort bubble, unlearn 'old ways' of doing things and relearn some new ones. The experience reinforced the belief that thriving in today's accelerated world requires adopting a learner's mindset - embracing the natural discomfort that comes from letting go of the old and mastering the new.

The concept of unlearning and relearning has never been more relevant. As the futurist Alvin Toffler wrote: "The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn."

Unlearn? How can we do that!

Remember as children, how we were conditioned 'Never to speak with strangers'? Look at us today – Connecting with strangers across the globe with similar interests and inspiring ideas. This is exactly how we have unlearned and liberated ourselves from the pre-set rules. Therefore, making enough space to adapt with the current times.

It's time to relearn what we already know. Just like any operating system that consistently upgrades itself for getting a better result, our mind must also be equipped to adapt with the present way of life. It's just like cycling – An action that had been ingrained in our minds initially, that may get rusty over a period of time, and needs reviving.

It is as simple as living in the now and understanding what skills we need to excel. While unlearning may not be something that we can consciously control, we can definitely make an effort to master what we need to relearn.

Ever met someone who was too full of their own brilliance? Of course, you have. They abound. Yet IQ is not the strongest predictor of success. Likewise, the best solutions can only be found when we are brave enough to admit we don't have a monopoly on knowledge and humble enough to listen to others whose perspectives could broaden our own.

-Kiran Kamal Kaur  
Educator



### MANNERS MATTER

Manners play an important role in our lives. Good manners teach us how to behave with others. It is the base of relations we maintain in the outer world. Some of the good manners of children are as follows:

- Children must respect others.
- Children with good manners always speak truth.
- They should always speak politely with others.
- They should not create nuisance
- Students with good manners should maintain cleanliness.
- They should always obey their parents.
- They should never make fun of others.
- Children with good manners always try to help others.

-Shivani Passi  
Educator

### SELF CONFIDENCE IS THE BREATH OF LIFE

*"Self confidence is a super power  
Once you start to believe in yourself  
Magic starts happening."*

Self –confidence is the biggest secret of life's success. Confidence means trust in one's own strengths and abilities and trust in oneself. Only by recognizing our strengths, we can gain confidence. To increase self-confidence, first of all positive thoughts are accepted in your mind. Even in the worst of circumstances, think positively that I can definitely do this work, I will definitely get success, I have to do this work in all circumstances. On the contrary, negative thoughts keep us away from the goal, it destroys our self-confidence.

-Rupinder Kaur  
Educator

### SCIENTIFIC FACTS

- Octopus has three hearts, nine brains and blue blood.
- Hot water freezes faster than cold water and cold water heats up faster than hot water.
- The coldest place on Earth is Dome Fuzi in Antarctica with temperature 93.2°C
- We always see the same side of the Moon, no matter where we stand on Earth.
- The only part of the body that has no blood is the Cornea of the eyes. It receives oxygen directly from the air.
- The sensation of falling down when you are in deep sleep and suddenly waking up is called 'Hypnic Jerks'.

-Jasmine Kaur  
Educator

### BOOKS ARE OUR BEST COMPANIONS

Books enlighten us, cheer us and encourage us. They make us healthy, wealthy and wise. Books are our best companions as they never desert us in our hour of need. Friends may give us a cold shoulder in our adversity, but not the books. They amuse, entertain and inspire us even in our darkest hour. They provide a welcome escape from the dullness and drudgery of life. Books contain the best thoughts and experiences of the noblest mind that ever lived on the earth. They are repositories of knowledge and give us a glimpse of the divergent cultures, traditions, creed and customs. Books are a source of pleasure and healthy diversion. When we are sad or alone books provide a cheerful company. Loneliness is no trouble for a reader. The modern world is changing fast and one who wants to keep himself abreast of times must keep oneself well informed. Indeed books are the treasured wealth of the world, the fit inheritance of generations and nations.

*"One best book is equal to a hundred good friends,  
but one good friend is equal to a library"*

-Dr. A.P.J. Abdul Kalam

-Amita Mahna  
Educator

## अगर आप सोचते हैं

अगर आप सोचते हैं कि आप हार गए हैं,  
तो आप हारे हैं।  
अगर आप सोचते हैं कि आप में हौसला नहीं है,  
तो सचमुच नहीं है।  
अगर आप जीतना चाहते हैं,  
मगर सोचते हैं कि जीत नहीं सकते,  
तो निश्चित है कि आप नहीं जीतेंगे।  
अगर आप सोचते हैं कि हार जाएंगे,  
तो आप हार चुके हैं,  
क्योंकि हम दुनिया में देखते हैं कि  
सफलता की शुरुआत इंसान की इच्छा से होती है।  
ये सब कुछ हमारी सोच पर निर्भर करता है,  
तो आप पिछड़ गए हैं।  
तरक्की करने के लिए आपको अपनी सोच उंची करनी होगी।  
कोई भी सफलता प्राप्त करने से पहले  
आपको अपने प्रति विश्वास लाना होगा।  
जीवन की लड़ाइयाँ हमेशा,  
सिर्फ तेज़ और मज़बूत लोग ही नहीं जीतते बल्कि  
आज नहीं तो कल जीतता वही आदमी है  
जिसे यकीन है कि वह जीतेगा।

-ममता वर्मा  
शिक्षक

## परिश्रम सफलता की कुंजी है

प- पहले जग से हाथ मुँह धोओ।  
रि- रिश्ता सुबह नींद से तोड़ो।  
श्र- श्रम की पारसमणि से अपना।  
म- महल सपनों का सजा लो।  
स- सदा सत्य का पथ अपनाओ।  
फ- फल की इच्छा मन में कभी न लाओ।  
ल- लगन और कर्त्तव्य के बल पर।  
ता- तारे तोड़ गगन से लाओ।  
की- कीर्ति रहे जगत में ऐसे।  
कु- कुसुम की खुशबू हो जैसे।  
न- न्याय पाठ सिखलाओ जगत को।  
जी- जियो और जीने दो सबको।  
है- है जीवन का सार इसी में।

-ममता वर्मा  
शिक्षक

## समय का पहिया

समय का पहिया चलता जाए  
सबको यह सिखलाता जाए  
सदा ही आगे बढ़ते रहना  
कभी न रूकना न ही थकना  
जो न समझे वह पछताए  
समय का पहिया चलता जाए  
समय से सोना समय से जगना  
काम को अपने समय से करना  
गीत मेहनत का गाता जाए  
समय का पहिया चलता जाए  
आज पसीना बहा रहे जो  
आज सुखों को त्याग रहे जो  
कल है उनका यह समझाये  
समय का पहिया चलता जाए  
बालक सारे सब यह सुन लें  
समय गुरु है बात समझ लें।  
निकला समय न वापिस आए  
समय का पहिया चलता जाए  
सबको यह समझाता जाए  
जीवन का असल मूल बताए  
समय का पहिया चलता जाए  
सबको यह समझाता जाए

-शिवानी पासरी  
शिक्षक

## जिन्दगी का सफर

जिन्दगी फूलों की सेज नहीं काँटों का बिछौना है  
काँटों के बिछौने पर सब को ही सोना है  
काँटों पर चलकर ही तुझे राह पानी है  
हर एक की बारी तो जरूर आनी है  
सीखते ही जाना है, औरों को सिखाना है  
तेरे दर्द का साथी तो तुझे ही बन जाना है  
दुःखों की सेज होगी तो मुरझा ही जाएगी  
रात के बीतने पर सुबह को ही पाना है  
आगे बढ़ तुम्हें आशा की ओर जाना है  
जिन्दगी की हर राह को खुशनुमा बनाना है  
निराशा से कृछ हासिल न होगा तुम्हें  
आशा ही तेरे जीवन का अंतिम सहारा है  
सीखते ही जाना है औरों को भी सिखाना है  
तेरे दर्द का साथी तो तुझे ही बन जाना है

-पूजा शर्मा  
शिक्षक



## ਸੁਸਾਫਿਰ

ਕਲਪਨਾ ਕੀ ਤੜਾਨ ਮੇਂ  
 ਤੜੇ ਚਲੋ ਰੇ ਸੁਸਾਫਿਰ  
 ਜਿੰਦਗੀ ਕੀ ਫੀੜ ਮੇਂ  
 ਫੀੜੇ ਚਲੋ ਰੇ ਸੁਸਾਫਿਰ  
 ਮੁਸ਼ਿਕਲੇਂ ਤੋ ਆਈ ਬਹੁਤ  
 ਪਰ ਚਲਤੇ ਰਹਨਾ ਤੇਰਾ ਕਾਮ ਹੈ  
 ਥਕ ਗਏ ਤੇਰੇ ਜਾਓਗੇ ਪੀਓ  
 ਚਲ ਪੜੇ ਤੇਰੇ ਤਨੋਗੇ ਤੁੱਚੇ  
 ਕੜੇ ਮਿਲੇਗੇ ਅਜਨਬੀ  
 ਕੜੇ ਮਿਲੇਗੇ ਅਪਨੇ ਭੀ  
 ਕਹੇਗੇ ਬਹੁਤ ਕੁਝ  
 ਪਰ ਸਭਸੇ ਕੁਝ ਸੀਖਨਾ ਤੇਰਾ ਕਾਮ ਹੈ  
 ਸੰਜਲ ਕੀ ਪਾਨਾ ਮੁਸ਼ਿਕਲ ਨਹੀਂ  
 ਮੁਸ਼ਿਕਲੇਂ ਤੋ ਆਤੀ ਹੀ ਹੈ ਜਿੰਦਗੀ ਮੇਂ  
 ਪਰ ਤੁਨਕਾ ਹਲ ਫੁੰਡਨਾ ਤੇਰਾ ਕਾਮ ਹੈ  
 ਹਲ ਫੁੰਡਨੇ ਸੇ ਜਿੰਦਗੀ ਬਨਤੀ ਹੈ ਸੁਹਾਨੀ  
 ਤੁਸ ਸੁਹਾਨੀ ਜਿੰਦਗੀ ਮੇਂ ਜੀਨਾ ਏਕ ਨਯਾ ਅਨੁਭਵ ਹੈ।  
 ਪਰ ਫਿਰ ਭੀ ਰੇ ਸੁਸਾਫਿਰ  
 ਚਲਤੇ ਰਹਨਾ ਤੇਰਾ ਕਾਮ ਹੈ।

-ਪ੍ਰਯੋਗ ਸ਼ਰਮਾ  
 ਸਿਖਲਾਕ

## ਭਲਾ ਬੁੱਝੇ ਖਾਂ

1. ਵੀਹ ਸੀਸ ਫੜ੍ਹ ਪੜੇ ਉਤਾਰੇ, ਕੀਤਾ ਖੂਨ ਨਾ ਜਾਨੇਂ  
 ਮਾਰੇ।
2. ਇਤਨੀ ਕੁ ਡੱਬੀ, ਖੋ ਗਈ ਸਬੱਬੀ, ਮੁੜਕੇ ਨਾ ਲੱਭੀ।
3. ਕਾਲਾ ਹੈ ਪਰ ਕਾਗ ਨਹੀਂ, ਲੰਮਾ ਹੈ ਪਰ ਨਾਗ ਨਹੀਂ।
4. ਤੁਰਦੀ ਹਾਂ ਪਰ ਪੈਰ ਨਹੀਂ, ਸਭ ਨੂੰ ਦੇਵਾਂ ਜਾਨ, ਦੋ  
 ਅੱਖਰਾਂ ਦੀ ਚੀਜ਼ ਹਾਂ, ਬੁੱਝੇ ਮੇਰਾ ਨਾਮ।
5. ਮਾਂ ਸਾਰੇ ਜਗਤ ਦੀ, ਇਸ ਤੋਂ ਬਾਝ ਨਾ ਕੋਈ, ਬੁੱਝੀ ਲੱਖਾਂ  
 ਵਰ੍ਹਿਆਂ ਦੀ, ਪਰ ਅਜੇ ਵੀ ਨਵੀਂ ਨਰੋਈ।

ਉੱਤਰ: (1) ਨਹੁੰ (2) ਜਾਨ (3) ਗੁੱਤ (4) ਹਵਾ (5)  
 ਪਰਤੀ

-ਪ੍ਰਯੋਗ ਸ਼ਰਮਾ  
 ਅਧਿਆਪਕ

## ਸੰਸਕਾਰ

ਜਿਨ੍ਹਾਂ ਬਾਝੋਂ ਚੱਲ ਨਹੀਂ ਸਕਦਾ ਸੰਸਾਰ,  
 ਉਹ ਨੇ ਸੱਚੇ ਸੁੱਚੇ ਤੇ ਉੱਚੇ ਸੰਸਕਾਰ।  
 ਮਹਿਕਾਂ ਦਿੰਦੇ ਨੇ ਫੁੱਲਾਂ ਦੀ ਤਰ੍ਹਾਂ  
 ਬਣਦੇ ਨੇ ਸਮੁੱਚੇ ਜੀਵਨ ਦਾ ਆਧਾਰ।  
 ਬੰਨ੍ਹ ਦਿੰਦੇ ਨੇ ਅਨੁਸਾਸਨ ਵਿੱਚ  
 ਸ਼ਖਸੀਅਤ ਵੀ ਦਿੰਦੇ ਨੇ ਸਵਾਰ  
 ਜਿਨ੍ਹਾਂ ਬਾਝੋਂ ਚੱਲ ਨਹੀਂ ਸਕਦਾ ਸੰਸਾਰ,  
 ਉਹ ਨੇ ਸੱਚੇ ਸੁੱਚੇ ਤੇ ਉੱਚੇ ਸੰਸਕਾਰ।

-ਪ੍ਰਯੋਗ ਸ਼ਰਮਾ  
 ਅਧਿਆਪਕ

## ਗੁਆਚਿਆ ਵਿਰਸਾ

ਰੱਖ ਲੈ ਸਾਂਭ ਕੇ ਮਾਂ ਦਾ ਬੁਣਿਆ  
 ਰੰਗ ਬਿਰੰਗਾ ਬਿੰਨਾ।  
 ਨਾ ਸਟੋਪ ਨਾ ਦੀਵਾ ਜਗਦਾ  
 ਨਾ ਰਹੀਆਂ ਨੇ ਪਿੰਨਾਂ।  
 ਕਿੱਤੇ ਆਪਣੇ ਹੱਥੋਂ ਗਵਾ ਲਏ  
 ਮੈਂ ਕਿੰਝ ਸਾਗ ਨੂੰ ਚਿੰਨ੍ਹਾਂ।  
 ਸੰਦੂਕ ਵੀ ਹੁਣ ਥਾਂ ਘੇਰਦਾ  
 ਮੈਂ ਡੋਲੀ ਚੁੱਕ ਕੇ ਭੰਨਾਂ।  
 ਮਧਾਣੀ ਵੀ ਦੇਖੀ ਨਾ ਕਿਧਰੇ  
 ਕਿਵੇਂ ਨਾਲ ਚਾਟੀ ਦੇ ਬੰਨ੍ਹਾਂ।  
 ਛੱਜ ਰਹੇ ਨਾ ਤਿਲ ਕੋਈ ਛੱਟੇ  
 ਨਾਂ ਠੰਢੀਆਂ ਰਹੀਆਂ ਨੇ ਛੰਨਾਂ।  
 ਮੰਜਾ ਘੇਰ ਲਿਆ ਨਾਲ ਬੈਠ ਦੇ  
 ਮੈਂ ਹੁਣ ਨਾ ਦੇਣਾ ਬੰਨ੍ਹਾਂ।  
 ਚਰਖਾ ਵੀ ਬਿਨ ਰਾਤ ਕਿਉਂ ਬੈਠਾ  
 ਕਿੰਝ ਤੱਕਲੇ ਤੰਦ ਮੈਂ ਬਿੰਨ੍ਹਾਂ।  
 ਭੱਠੀ ਵੀ ਬਿਨ ਝੋਕਿਓ ਰੁਕ ਗਈ  
 ਹੁਣ ਕਿਵੇਂ ਬਣਾਵਾਂ ਖਿੱਲਾਂ।  
 ਚੁੱਲ੍ਹਾ ਵੀ ਹੁਣ ਬਾਹਰ ਹੋ ਗਿਆ  
 ਸ਼ਬਦ ਨਾ ਰਹੇ ਬੁੱਲ੍ਹਾਂ।  
 ਹਰਜਿੰਦਰ ਆਖੇ ਰੱਜ-ਰੱਜ ਰੋ ਲਾ  
 ਵਿਰਸਾ ਕਿੱਧਰ ਨੂੰ ਚੱਲਾ  
 ਵਿਰਸਾ ਕਿੱਧਰ ਨੂੰ ਚੱਲਾ।

-ਹਰਜਿੰਦਰ ਗੰਭੀਰਪੁਰੀ  
 ਅਧਿਆਪਕ



### ਕਿਤਾਬਾਂ ਦੀ ਦੁਨੀਆ

ਕਿਤੇ ਇਤਿਹਾਸ ਦੀਆਂ ਗੱਲਾਂ  
ਗੁਰੂ ਗਿਆਨ ਦੀਆਂ ਗੱਲਾਂ  
ਨਵੇਂ ਵਿਗਿਆਨ ਦੀਆਂ ਗੱਲਾਂ  
ਦੂਰ ਤੇ ਪਾਸ ਦੀਆਂ ਗੱਲਾਂ  
ਆਮ ਤੇ ਖਾਸ ਦੀਆਂ ਗੱਲਾਂ  
ਕਿਸੇ ਅਕਾਸ਼ ਦੀਆਂ ਗੱਲਾਂ  
ਮਿਲੀ ਸਾਬਾਸ਼ ਦੀਆਂ ਗੱਲਾਂ  
ਕਿਤਾਬਾਂ ਸਾਂਭ ਕੇ ਰੱਖਦੀਆਂ  
ਤੇ ਜੇ ਪੜ੍ਹੀਏ ਤਾਂ ਦੱਸਦੀਆਂ  
ਕਹਾਣੀ ਸੱਤ ਸਮੁੰਦਰਾਂ ਦੀ  
ਕਹਾਣੀ ਸੱਤ ਪਰੀਆਂ ਦੀ  
ਕਹਾਣੀ ਮਾੜੀਆਂ ਘੜੀਆਂ ਦੀ  
ਕਹਾਣੀ ਜੰਗ ਲੜੀਆਂ ਦੀ  
ਕਹਾਣੀ ਕਿਸਮਤ ਘਾੜੇ ਦੀ  
ਕਹਾਣੀ ਨਵੀਆਂ ਰਾਹਾਂ ਦੀ  
ਕਹਾਣੀ ਨਵੀਆਂ ਥਾਵਾਂ ਦੀ  
ਨਵੇਂ ਰਸਤੇ ਦਿਖਲਾਉਂਦੀਆਂ ਨੇ  
ਕਿਤਾਬਾਂ ਦੀ ਦੁਨੀਆ ਅੰਦਰ  
ਕਈ ਜੰਗਲ ਬਣੇ ਮੰਗਲ  
ਕਿ ਜਿੱਥੇ ਪੰਛੀ ਗਾਉਂਦੇ ਨੇ  
ਕਿ ਨਾਲੇ ਪੈਲਾਂ ਪਾਉਂਦੇ ਨੇ  
ਕਿਤਾਬਾਂ ਮੂੰਹੋਂ ਬੋਲਦੀਆਂ  
ਸੱਚ ਤੇ ਝੂਠ ਦੀ ਕੀ ਕੀਮਤ  
ਇਹ ਸ਼ਬਦਾਂ ਵਿੱਚ ਤੋਲਦੀਆਂ  
ਇਹਨਾਂ ਦੀ ਯਾਰੀ ਹੈ ਚੰਗੀ  
ਨਹੀਂ ਆਉਂਦੀ ਕੋਈ ਤੰਗੀ

-ਪੂਨਮ ਭੰਡਾਰੀ  
ਅਧਿਆਪਕ

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**Mr. Harjinder Singh Karir**

**Ms. Rajinder Chawla**