

Prita Lee Lesson School Kapurthala

Dear Parents,

A Rocksport in school camp is being organized at your school premises for Grades Nursery to VI. The program will cover fun filled adventure activities for students that will help enhance their confidence and encourage team work. Students are required to dress in sports attire (track pant, house t-shirt, and sport shoes) and carry sun cap, mask, sanitizer & water bottles.

Key benefits of participating in Rocksport program include:

- Enhanced confidence and self-esteem as students overcome their fears in a protected environment
- Leadership skills as they learn to capitalize on each team member's strength for the best outcome
- Improved focus and determination as they push beyond their comfort zones
- Increased emotional quotient as they become more self-aware and sensitive to their surroundings
- Increased social skills as they work collaboratively and learn to take accountability

Time	Program
09:00 AM	Briefing and group distribution
09:30 AM	Adventure Activities start
10:30 AM	Break Time
11:00 AM	Adventure Activities Restart
01:00 PM	Camp Concludes

Some adventure activities the students would enjoy are as follows:

Zipline	Double Rope Bridge	Sport Climbing	Laser Beam
Magical Maze	Commando Crawl	Hamster Wheel	Burma Bridge
Body Zorb	Commando Net	Balance Beam	Tug Of War

Note: Activities are subject to be change with the age of the students.

****All participants will participate in any 10-12 activities from the above list.***

----- CONSENT SLIP

I allow my ward to join the Rocksport In-School Program . I understand that the school teacher, escort will take all possible precautions to safeguard my wards safety. However in case of any untoward incident, I will not hold the School Management, Principal, Teacher and the Organizer responsible.

Student Name:..... Grade:..... Adm.No

Parent's Name:.....

Emergency Contact No :

Signature of Parent:.....

